

BULLHEAD CITY, ARIZONA

SENIOR ENRICHMENT CENTER

HELPING SENIORS THRIVE IN OUR COMMUNITY





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HAPPY HOUR



Delicious MOCK TAILS

**September 10
1:30 pm to 2:30 pm
Mock-tails,
with Fun & Games
in the Great Room**

**Senior Enrichment Center
Happy Hour with Mock-tails and Games**

is sponsored by

MCC Mohave
Community
College

COMMUNITY EDUCATION



The Bullhead City Senior Enrichment Center provides an integrated system of services, resources, and opportunities to help people improve their lives through recreational, social services and health and wellness services. The Senior Enrichment Center offers a variety of activities and programs for seniors ages 50+. The programs are specially designed to allow every adult of any activity level to participate in a safe and inviting environment. The Center offers more than 50 weekly activities designed to support independence, promote lifelong learning and sustain a healthy and engaged lifestyle.

Senior Enrichment Center is also home to the Bullhead City Nutrition Center. The Nutrition Center provides meals for individuals 50+. Meal options include a continental breakfast and lunch. Continental breakfast is served Monday through Friday from 8:30 a.m. to 10:30 a.m. for \$2, or \$1 for coffee only. Lunch is available Monday-Friday from 11:30 a.m. to 12:30 p.m. A suggested donation of \$3 is requested for each meal for individuals 60+ or disabled with a statement of need from a physician. Individuals 50+ can get lunch for \$5.

If you are unable to attend in person, they also offer a home delivery meal program through Meals on Wheels-Bullhead City, AZ. Interested in learning more or signing up. Call 1-(800)782-1886 and leave a message with your name, phone number and interest in Meals on Wheels in Bullhead City, to start the qualification process .

Bullhead City Senior Enrichment Center also offers a transportation service to those in need. Whether you need a ride to the Senior Enrichment Center, medical appointments, or to run errands. Call (928) 704-2287 to set up your \$2 round trip rides.

Senior Enrichment Center
2275 Trane Road
Bullhead City, AZ 86442
Monday and Friday
8:00 a.m. to 4:00 p.m.
Tuesday-Thursday
8:00 a.m. to 6:00 p.m.
For more information call
(928) 763-0193
Follow us on Facebook!



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 Human Services Director
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 Senior Services Program Manager
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Shauna Cates
 Sponsorship Coordinator
 (928) 763-9400 ext. 8358
scates@bullheadcityaz.gov



MONTHLY MENU

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED	2 Chicken Cordon Bleu Potato Wedges Mixed Veggies	3 Lemon Pepper Chicken Mashed Potatoes Carrots	4 Salisbury Steak w/ Gravy Mashed Potatoes Green Beans	5 Spaghetti & Meatballs Roll Cobbler
8 Salisbury Steak w/ Gravy, Rice Pilaf Green Beans	9 Swedish Meatballs Buttered Pasta Corn & Roll	10 Stuffed Peppers Mixed Veggies Warm Apples	11 Asian Chicken Salad Dinner Roll Dressing	12 Cheese Omelet Pork Sausage Hash Brown
15 Meatloaf w/Gravy Mac & Cheese Veggies	16 Diced Ham & Eggs Scramble Tater Tots Southwest Veggies	17 Stuffed Cabbage Corn Cobbler	18 Pulled BBQ Pork Baked Beans Cobbler	19 Chicken Alfredo w/Peas & Carrots Roll Pears
22 Lemon Pepper Chicken Mashed Potatoes Mixed Veggies	23 Chicken Cordon Bleu Potato Wedges Mixed Veggies	24 Chicken & Dumplings Peas & Carrots Cobbler	25 Beef Fajitas w/Peppers & Onions Spanish Rice Cinnamon Apples	26 Spaghetti & Meatballs Roll Cobbler
29 Salisbury Steak w/ Gravy, Rice Pilaf Green Beans	30 Cobb Salad Roll Dressing			

1% milk and fruit are included with each meal. A donation of \$3.00 is requested for each meal.

Meals are prepared by WARMC. Meal costs partially funded by: WACOG & United Healthcare.



Menu is subject to change. Senior Nutrition Center is located at 2275 Trane Rd, Bullhead City. Congregate lunch is served Monday through Friday 11:30 am - 12:30 am to those 60+ or with a disability. Meals on Wheels clients: please call the nutrition center when you will not be home for your meal delivery (928) 763-0193.

What seniors should know about prediabetes

Most seniors recognize that routine visits to their physicians are an important component of preventive health care. Annual physicals are important for everyone, but they're especially important for individuals 65 and older who may be more vulnerable to disease and various other health conditions than younger adults.

The National Institute on Aging reports that millions of individuals 65 and older have visited their physicians and learned they have a condition known as prediabetes. For some, the day they receive a prediabetes diagnosis also marks the first time they've heard of the condition. Since so many seniors are affected by prediabetes, it can behoove anyone to learn more about it.

What is prediabetes?

The Centers for Disease Control and Prevention notes that prediabetes is a serious health condition characterized by higher than normal blood sugar levels. When a person has prediabetes, his or her blood sugar levels are not yet high enough to indicate type 2 diabetes, but that could change if prediabetes patients do not make changes to prevent such a progression.

What causes prediabetes?

The CDC notes that when a person has prediabetes, the cells in his or her body do not respond normally to insulin, which is a hormone produced by the pancreas that enables blood sugar to enter cells, which then use it for energy. The pancreas then makes more insulin to get cells to respond, but eventually the pancreas cannot keep up, resulting in a rise in blood sugar.

Does prediabetes produce symptoms?

Many people have prediabetes for years and do not know it. In fact, the CDC reports that more than 80 percent of the 98 million American adults who have prediabetes are unaware that they do.

How can I determine if I have prediabetes?

The sheer volume of people who have prediabetes but are unaware that they do begs the question of what individuals can do to learn if they have the condition before they develop type 2 diabetes. Recognition of the risk factors for prediabetes is a good start. The CDC urges anyone who has any of the following risk factors to speak with their doctor about having their blood sugar tested:

- Being overweight
- Being 45 or older
- Having a parent, brother or sister with type 2 diabetes
- Being physically active less than three times per week
- A history of diabetes during pregnancy (gestational diabetes) or giving birth to a baby who weighed more than nine pounds
- Having polycystic ovary syndrome
- Being African American, Hispanic/Latino American, American Indian, or Pacific Islander. Some Asian Americans also are at greater risk for prediabetes.

Prediabetes can be a precursor to type 2 diabetes, which only highlights how important it is that older adults recognize their risk for the condition.



Friday Fun Crafts

Every Friday in the Craft Room from 10:30 a.m. to 11:30 a.m.

- 9/5 Mirror, Mirror Craft
- 9/12 Paper Petal Fall Wreath
- 9/19 Fall Leafy Canvas Creations
- 9/26 Paper Bag Pumpkins

Limited to the first
15 participants



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Let's Celebrate
NATIONAL
SENIOR CENTER
MONTH



Join us for
NATIONAL SENIOR CENTER MONTH
APPRECIATION LUNCHEON

FRIDAY, SEPTEMBER 12 11:30 AM - 1:00 PM
SENIOR ENRICHMENT CENTER, 2275 TRANE RD, BULLHEAD CITY

BRING OR SHARE A FAVORITE CHILDHOOD DISH!

*Come hungry and ready to share as we honor
the rich tapestry of tastes and traditions that
have shaped our lives.*

SIGN-UP SHEET
AVAILABLE AT SENIOR
ENRICHMENT CENTER

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FALL IS HERE

WORD SEARCH

WORDS

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GOURDS
HARVEST
LEAVES
MAPLE
MAZE
ORCHARD
PUMPKIN
RAKE
SCARECROW
SEPTEMBER
SPICE
SUNSET
SWEATER

K	Z	U	D	B	C	W	I	M	K	P	U	O	O	T	H	V	Y	E	L
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O	S	U	N	S	E	T	S	P	R	B	Y	U	T	S	E	V	R	A	H

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to cats.

W L S A C

--	--	--	--	--

Answer: Claws

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to sewing.

N B B O S I B

--	--	--	--	--	--	--

Answer: Bobbins

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- Outings
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- Snacks
- Transportation
- Utilities
- Cable
- Telephone
- Community Designated Smoking Areas



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A Department of Valley View Medical Center

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**LET'S MAKE
LEMON SUGAR COOKIES!**

WED. SEPTEMBER 10 1PM-3PM

**SENIOR ENRICHMENT CENTER
2275 TRANE ROAD, BULLHEAD CITY**



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MEDICARE 101 SNACKS & FACTS

A NO COST Informative & Educational Event

**Wednesday,
October 1st, 2025
10:00 a.m. to 11:00 a.m.**

**Located inside
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Senior Enrichment Center
2275 Trane Road,
Bullhead City, Arizona.**




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				5	1	8		
5		2	9	8			7	6
	3	8	7				9	
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	7			9			6	8
	6		1					4
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Level: Beginner

	5					9	1	
	7					3		
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2			1					
4				7				
9						1	6	
5			8	3				
	9				7		8	
		6		9				2

Level: Intermediate



BULLHEAD CITY'S SENIOR ENRICHMENT CENTER

2275 TRANE RD, BULLHEAD CITY, AZ 86442 (928) 763-0193

FOR SENIORS 50+ SOME ACTIVITIES REQUIRE ADVANCE REGISTRATION.

SEPTEMBER

WEEKLY ACTIVITIES

EVERY

MONDAY

9:00 a.m. to 11:00 a.m.
9:00 a.m. to 9:45 a.m.
10:00 a.m. to 11:30 a.m.

12:30 p.m. to 1:30 p.m.

12:30 p.m. to 3:30 p.m.

12:30 p.m. to 3:30 p.m.

12:30 p.m. to 3:30 p.m.

1:00 p.m. to 3:00 p.m.

1:30 p.m. to 2:30 p.m.

Tech Support/Mark Rosenthal/Library

Body Moves for Brain Power/Exercise Room

Free Bingo w/Prizes/Great Room

Sponsored by Family Care Home Health & Hospice

Line Dancing/Beginner/Exercise Room

Sponsored by: Arizona Advanced Wound Care

Mexican Train/Game Room

Sponsored by: Voodoo Cove

Poker/Game Room

Sponsored by: Voodoo Cove

Pinochle/Great Room

Sponsored by: Voodoo Cove

Tech Support/Miriam Brown/Library

Line Dancing/Basic/Exercise Room

Sponsored by: Arizona Advanced Wound Care

EVERY

TUESDAY

9:00 a.m. to Noon

9:00 a.m. to 9:30 a.m.

9:30 a.m. to 10:30 a.m.

10:00 am to 11:00 a.m.

11:00 a.m. to 11:30 a.m.

11:00 a.m. to 1:00 p.m.

12:30 p.m. to 3:30 p.m.

12:30 p.m. to 4:00 p.m.

1:00 pm to 3:00 p.m.

3:30 p.m. to 4:15 p.m.

4:15 p.m. to 5:15 p.m.

Beading Group/Craft Room

Chair Zumba Class/Exercise Room

Sponsored by: Arizona Advanced Wound Care

Bingocize/WACOG/Exercise Room

Sponsored by: Arizona Advanced Wound Care

Ping Pong/Great Room

Essentrics YouTube Video w/founder

Miranda Esmode-White/Exercise Room

Sponsored by: Arizona Advanced Wound Care

Tech Assistance/ Jennifer Gallegos/Library

Poker Game/Game Room

Sponsored by: Voodoo Cove

Hand & Foot Card Game/Game Room

Sponsored by: Voodoo Cove

Tech Assistance/Pam Beaushay/Library

Relaxation & Mindfulness/Exercise Rm

Sponsored by: Arizona Advanced Wound Care

Line Dancing /Great Room

EVERY

WEDNESDAY

8:00 a.m. to 4:00 p.m.
 9:00 a.m. to 11:00 a.m.
 9:30 a.m. to 10:30 a.m.
 10:00 a.m. to 11:00 a.m.
 11:00 a.m. to 11:30 a.m.
 Noon to 3:00 p.m.
 12:30 p.m. to 1:30 p.m.
 12:30 p.m. to 1:30 p.m.
 1:00 p.m. to 2:00 p.m.
 1:30 p.m. to 2:30 p.m.
 7:00 p.m. to 8:00 p.m.

Veterans Benefit Councilor/Nutrition Center
Tech Assistance w/Leanne Jolly/Library
Brain Savers Exercise/WACOG/Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Wii Bowling/Great Room
Zumba Live /Beth Humphrey/Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Open Sewing Group/Craft Room
 Sponsored by: Mohave College Community Education
Line Dancing/Beginner/ Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Hit the Bullseye/Electronic Darts/Game Room
 Sponsored by: VooDoo Cove
Bereavement Support Group/Conference Room
Cue Masters Club & Lessons/Game Room
 Sponsored by: VooDoo Cove
Gamblers Anonymous Meeting/Nutrition Center

EVERY

THURSDAY

9:15 a.m. to 10:00 a.m.
 9:30 a.m. to Noon
 10:00 a.m. to 10:45 a.m.
 11:00 a.m. to 11:30 a.m.
 Noon to 3:00 p.m.
 12:30 p.m. to 3:30 p.m.
 12:30 p.m. to 3:30 p.m.
 1:00 p.m. to 3:00 p.m.
 5:30 p.m. to 9:30 p.m.

Chair Yoga /Exercise Room
Better Heath Live with Marge
 Sponsored by: Arizona Advanced Wound Care
Morning Poker/Game Room
 Sponsored by: VooDoo Cove
Bingocize/WACOG/Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Essentrics YouTube Video w/founder
Miranda Esmode-White/Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Knit & Crochet Group/Craft Room
 Sponsored by: Mohave College Community Education
Double Deck Pinochle/Game Room
 Sponsored by: VooDoo Cove
Mahjong Tile Game/Game Room
 Sponsored by: VooDoo Cove
Tech Assistance/ Pam Beaushay/Library
Pass the Trash Game & Potluck
 Located in the old Senior Center, 2285 Trane Rd

EVERY

FRIDAY

8:00 a.m. to 12:30 p.m.
 9:30 a.m. to 10:30 a.m.
 10:00 a.m. to 11:00 a.m.
 10:30 p.m. to 11:30 a.m.
 12:30 p.m. to 3:30 p.m.
 12:30 p.m. to 3:30 p.m.
 12:30 p.m. to 3:30 p.m.
 2:00 p.m. to 3:00 p.m.

Wider Circle Event/Free Breakfast & Lunch
 Located in the Nutrition Center & Activity Center
Brain Savers Exercise/WACOG/Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Shuffleboard Friday/Game Room
 Sponsored by: VooDoo Cove
Friday Fun Crafts/Craft Room/Limit 15/SEE PAGE 6
 Sponsored by: Mohave College - Community Education
Mexican Train/Game Room
 Sponsored by: VooDoo Cove
Pinochle/Great Room
 Sponsored by: VooDoo Cove
Poker/Game Room
 Sponsored by: VooDoo Cove
Zumba Live/Beth Humphrey/ Exercise Room
 Sponsored by: Arizona Advanced Wound Care

SPECIAL EVENTS & ACTIVITIES

Monday, September 1 **CLOSED LABOR DAY HOLIDAY**

Tuesday, September 2

10:00 a.m. to 11:00 a.m.	Ping Pong/Great Room
12:30 p.m. to 1:30 p.m.	Tai Chi (8) week commitment / Great Room
12:30 p.m. to 2:30 p.m.	Art Therapy/Fall Card Making/Craft Room
	Sponsored by Mohave College - Community Education

Wednesday, September 3

12:30 p.m. to 3:30 p.m.	Bunco Group/Great Room
12:30 p.m. to 2:00 p.m.	Genealogy Club/Library

Thursday, September 4

12:00 p.m. to 1:00 p.m.	Ice Cream Social/Great Room
	Sponsored by Culver's of Bullhead City

Friday, September 5

12:00 p.m. to 2:00 p.m.	Splash Pad Bingo/Ken Fovargue Park
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Monday, September 8

11:00 a.m. to 12:30 p.m.	Voter Registration/Nutrition Center
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Tuesday, September 9

12:30 p.m. to 1:30 p.m.	Tai Chi (8) week commitment/Great Room
12:30 p.m. to 2:30 p.m.	Jewelry Making Class/Wine Glass Charms/Craft Room
1:00 p.m. to 2:00 p.m.	Sound Bowl Breathing & Healing/Exercise Room
2:00 p.m. to 3:00 p.m.	C.H.I.P. Group Meeting/Conference Room

Wednesday, September 10

10:00 a.m. to 11:00 a.m.	White Elephant Bingo/Great Room
12:30 to 3:30 p.m.	Sweep Card Game/Great Room
1:00 p.m. to 3:00 p.m.	Give. Make & Take / Lemon Sugar Cookies/Nutrition Center
	Sponsored by Canyon Home Care & Hospice
1:30 p.m. to 2:30 p.m.	Happy Hour/Great Room
	Sponsored by Mohave College - Community Education

Thursday, September 11

11:00 a.m. to Noon	Brain Games with Televeda/Great Room
12:30 p.m. 1:30 p.m.	Left, Right, Center Dice Game/Game Room
	Sponsored by Voodoo Cove

Friday, September 12

11:30 a.m. to 1:00 p.m.	National Senior Center Day Celebration/Great Room
	Sponsored by TWN Communications

SPECIAL EVENTS & ACTIVITIES

Monday September 15

1:00 p.m. to 2:00 p.m.	Golden Rule Steering Community/Conference Room
2:30 p.m. to 3:30 p.m.	Drum Circle/Exercise Room

Tuesday, September 16

10:00 a.m. to 11:00 a.m.	Ping Pong Tuesday/Great Room
12:30 p.m. to 2:30 p.m.	Art Therapy/ Rustic Floral Disc/Craft Room Sponsored by Mohave College - Community Education
12:30 p.m. to 1:30 p.m.	Tai Chi (8) week commitment/Great Room
12:30 p.m. to 1:30 p.m.	Birthday Month Celebration/Great Room Sponsored by Joshua Springs Senior Living
6:00 p.m. to 9:00 p.m.	Late Night Ladies Bunco Group/Nutrition Center

Wednesday, September 17

10:00 a.m. to 11:00 a.m.	Legal Services Zoom/Conference Room
12:30 p.m. to 2:00 p.m.	Genealogy Club/Library
4:00 p.m. to 5:30 p.m.	Meals on Wheels Spaghetti Fundraiser

Thursday, September 18

10:00 a.m. to 11:00 a.m.	Rock Painting /Craft Room
11:00 a.m. to 12:00 p.m.	Talk & Seek Discovery Hour/Great Room
12:30 p.m. to 2:00 p.m.	Monthly Bingo/Great Room Sponsored by TNG Insurance

Friday, September 19

Monday, September 22

12:00 p.m. 1:00 p.m.	Root Beer Floats/ Great Room
12:00 p.m. 1:00 p.m.	Dementia Support Group/Conference Room

Tuesday, September 23

10:00 a.m. to 11:00 a.m.	Ping Pong Tuesday/Great Room
12:30 p.m. to 2:30 p.m.	Art Therapy/ Felt Change Purse/Craft Room Sponsored by Mohave College - Community Education
12:30 p.m. to 1:30 p.m.	Monthly Mixer/Make a Bingo Connection/Great Room Sponsored by Legacy Rehab & Care Center

Wednesday, September 24

12:00 p.m. to 1:00 p.m.	Monthly Trivia Event/Game Room Sponsored by Dot Foods
12:30 to 3:30 p.m.	Sweep Game/Great Room
1:30 p.m. to 2:30 p.m.	Game Room Karaoke/ Game Room

Thursday, September 25

10:00 a.m. to 11:00 a.m.	NAU In-Service Training/Conference Room
11:00 a.m. to 12:00 p.m.	Beyond Walls Bingo/Televeda/Great Room
12:00 p.m. to 1:00 p.m.	Ice Cream Social/Great Room Sponsored by Culver's of Bullhead City

SPECIAL EVENTS & ACTIVITIES

Friday, September 26

10:30 a.m. to 11:30 a.m.

Mind Body Wellness Class/Exercise Room
Sponsored by Arizona Advanced Wound Care

Monday, September 29

Tuesday, September 30

10:00 a.m. to 11:00 a.m.

12:30 p.m. to 2:30 p.m.

12:30 p.m. to 1:30 p.m.

Ping Pong Tuesday/Great Room
Art Therapy/Halloween Wine Glass/Craft Room
Sponsored by Mohave College - Community Education
Tai Chi (8) week Commitment/Great Room



Angel's ESSENTIAL ROOM

Durable medical
equipment received by
donation and donated
to seniors in need.

Open on
Tuesdays & Thursdays
10:00 a.m. to 1:00 p.m.
or by appointment (928) 763-0193



Donations by Seniors for Seniors
2275 Trane Road
Bullhead City, Arizona 86442



Now Open in Bullhead City!

Accepting New Primary Care & Wound Care Patients

Call Now! (928) 897-3771

Arizona Advanced Wound Care is part of JD Medical group. We are a multi-specialty clinic that provides compassionate, patient-centered quality care to patients in office and at home visits. We are bringing our services to Laughlin, Bullhead City and Kingman.



Dino Alfonso
Chief Executive Officer



PRIMARY CARE

We offer comprehensive annual wellness visits, preventative care, management of acute and chronic conditions.



ADVANCED WOUND CARE

We treat acute, chronic and complex wounds using evidenced-based practice and advanced technology.



MOBILE IN-HOME VISIT

We come to you! Our advanced practitioners are certified specialists that provide concierge care in the comfort of your home!



WOUND CARE SUPPLIES

We provide our own supplies so that you don't have to! Our team will provide enough wound care supplies until the next visit!

TYPES OF WOUNDS TREATED

- | | |
|------------------------|----------------------------|
| • Diabetic Foot Ulcers | • Arterial Ulcers |
| • Pressure Ulcers | • Trauma / Surgical Wounds |
| • Venous Leg Ulcers | • Burns |

**WE TAKE
TRADITIONAL
MEDICARE!**



Jill Alfonso, FNP-BC, CWS, CFCS
Chief Financial Officer

No more waiting rooms. No more costly hospital visits.

ARIZONA ADVANCED WOUND CARE

2755 Silver Creek Road, Suite 107 Bullhead City, AZ 86442

Phone: (928) 897-3771 Fax: (725) 214-1171 aawc.jdmg@gmail.com



HAPPY BIRTHDAY

Join us for the Birthday Month Celebration

September 1

Shirl Kagle
Carolyn Longmire
Bruce Way
Bryan Wible
Carmen Altuna

September 2

Eleanor Brown
Robert Saulters
Gaynel Hensley
Thomas Long
Jennilyn Oliverio
Ed Sumner

September 3

Sheryl Adams
Kim Wittropp

September 4

Gilbert Nolan
Calvin Odell
Elaine Rosecrans
John Gallagher
Robert Athey

September 5

Cheryl Hollis
Susan Smidy
Lance Morgan
Tina Sutton
Maria Ramsey

September 6

Sheila Todd
Tony Cota
William Hecker
Doreas Brown

September 7

Bonnie Malizia
Janice Devenney

September 8

Steven Cocton
Estella Vigil
Deanna Ligman
Boualay Lobato

September 9

Espi Perez
Chong Clark
Tambra Clark

September 10

Patsy Thompson
Donna Marie
DePhillips-Gonzalez
Paul Haws
Susan Balboa
Maryrose Goodwin
Kiayah Water

September 11

Karyn Lynn
Lupita Goebel
Toni Lamborn
Patricia Aguirre
Danetta Shelton
Patricia Williams

September 12

Jan Regan
Rocky Beria
John Gempel
Mario Gutierrez
Rosa Aguilar
Teresa Booth
Chris Read

September 13

Anna Wilson
Carrie Stuben
Maurilia Fonseca-Solis

September 13

Diane Peterson
Darcy Weiner
Linda Ebel
Robert Pendarvis
Sharon Szafasz

September 14

Oscar Osorio
Ron Schwartz
Sonia Russo

September 15

Joseph Nemer
John Bastio
Penny Sanderfer
Roberta Helms
Kathleen Orton
Annie Swords

September 16

Bobby LaFontaine
Judith Shapery
Diane Thompson
Lisa Sullivan
Betty Lamirault
Brenda Dezotell
Taryn Olsen
Regina Mingus



Jessee Martinez, Sales Director
(928) 763-1212

jmartinez@watermarkcommunities.com



September 17

Linda Kyle
Everett Grasty
Jacquelin Garceau
Teresan Casillas
James Eckart

September 18

Melody Pollard
Judy McClanahan
Karen Greer
Kevib Russell
Mary O'Guinn
Deborah Armijo

September 19

Leo Barrios
Daniel Shapiro
Alex Flores
Lorraine Gunnette
KC Cool III
Edwin Nixon

September 20

John Archer
Phyllis Joiner
Sharon Pearson

September 21

Jim Stevens
Gerald Jensen
Michael Carlin
Ruby Hindman

September 22

Doris Lagueux

September 23

Jack Stubbs
Barbara Survillas
George Ancell

September 24

Jack Asklund
Fred Guerrero
Dennis Kachelmier
Leonie Marinussen
Mercy Garcia

September 25

Robert Pendarvis
Sylvia Huyck
Richard Bradley
Linda Hess,
Nellie Ahle
Dan Belling

September 26

Janie Brunner
Robert Stemke
Jacqueline Ramsey
Richard Escalante
Dana Grummett

September 27

Marilyn Owens
Paul Gauthier
Joan Jersets
Pamela Sperl

Lissa Rosewicz

Daryl Nakamura

September 28

Pat Hershey
Wendy Eaton
Michael Hamilton
Ramon Imperial
Shellie Minnicks

September 29

Judy Laster
Brian Dirreen
Gloria Labarre
Bruce Ridgley

September 30

Owen Fowler
Joy Havenhill
Lori Wagner
Bobbie Warehime
Arlene Judd
Debrah Hansen



**The Birthday Month Celebration is for all Seniors 50+
at Senior Enrichment Center located at
2275 Trane Road, Bullhead City**

Tue, September 16th starting at 12:30

Sponsored by Joshua Springs Senior Living



ANYTHING MEDICAL HAS MOVED!



**NEW
LOCATION
ALERT**

**2636 Highway 95
Suite 5 & 6**

**Bullhead City, AZ 86442
928-763-5959**

*Proudly serving the area for 20+ years!
Same Friendly Staff. Same Exceptional Service.*

Electric Scooters, Lift Chairs, Wheelchairs, Hospital Beds,
Rollators, Scrubs, Ostomy Supplies, Urological Supplies, Braces,
Therapeutic Shoes & Inserts, AND MORE!

ANYTHINGMEDICAL.LIFE



MOHAVE

electric cooperative
A Touchstone Energy® Cooperative



**Tree Sales Now
Through October 2
or while supplies last**

**Member Service Office
928 Hancock Road
Bullhead City, AZ 86442
Monday - Thursday
7:00am - 5:30pm
928-763-1100**

**OPERATION
COOL SHADE**

**\$9.00 EACH
UP TO 8 TREES PER MEMBER**

MEC is an equal opportunity provider & employer

Attention All Neighbors



We now have a new communication system that will be made available through your phone for Senior Enrichment Center & Meals on Wheels participants.

If you have provided us with your telephone number, you will get a WELCOME message sometime in July, inviting you to the platform where you will receive constant communication to keep you in the know of things at the Senior Enrichment Center. Please note you can opt out anytime but we suggest you give it a try. It will be used to tell you about new events, canceled events, meal changes, events you can sign up for, community emergencies that we are alerted to and so much more.

If you only own a landline, the messages will be read out loud when you answer. Cellphone users will receive the messages via text.

These messages are coming through Blooming Health but the system is fully controlled by the Enrichment Center so even if a link is included in the message you know it's SAFE to click it. To assure you each time you get a message it will start out with the Senior Services Program Manager saying, "Hi this is Kim Cool with the Senior Enrichment Center and Meals on Wheels Program, please listen to the following message:"

We look forward to giving you the best service ever.



BLOOMING HEALTH

POWERING HEALTHY AGING IN-PLACE



MENTION THIS AD
AND GET A
FREE APPETIZER OR
DESSERT
WITH PURCHASE!

VOODOO COVE
RESTAURANT
BAR & LOUNGE

JUST AROUND THE CORNER FROM
ROTARY PARK ON THE COLORADO RIVER

LOCATED AT 2247 CLEARWATER DR, BULLHEAD CITY
928-465-2220 OPEN TUE-SUN VOODOOCOVE.COM

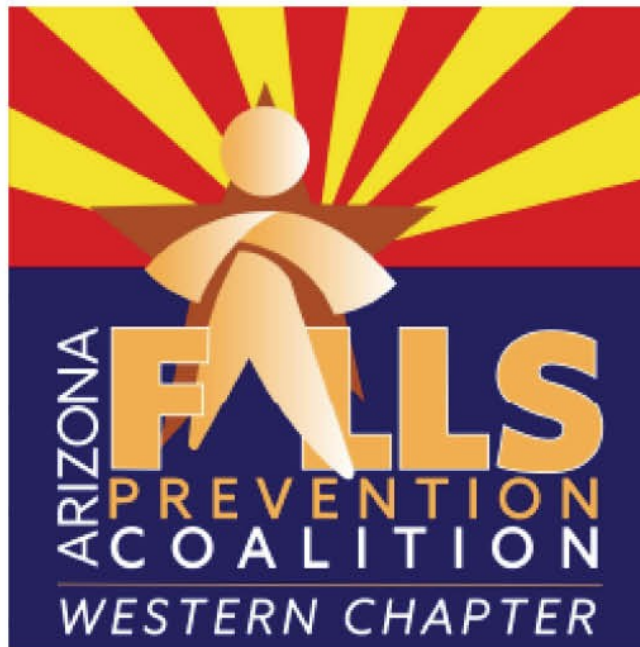
9TH ANNUAL GOLDEN GAMES

BULLHEAD CITY, AZ APRIL 2026
LAUGHLIN, NV 5TH TO 12TH

Stay Golden!

REGISTRATION OPENS IN OCTOBER
WWW.SENIORGAMES.CO

- 5K ROAD RACE
- 5K RIVER RUN
- BOWLING
- CHAIR VOLLEYBALL
- CLAY TRAP SHOOTING
- CORNHOLE
- GOLF
- HORSESHOES
- OLYMPIC WEIGHT-LIFT
- OPEN SWIM
- PADDLE BOARDING
- PICKELBALL
- PISTOLE SHOOTING
- POWERLIFT
- POWERWALK
- RIFLE SHOOTING
- SOFTBALL
- SWIM
- TABLE TENNIS
- TRACK & FIELD



FALL PREVENTION & EDUCATION

When: September 22, 2025

Time: 1:00 p.m. to 2:00 p.m.

Where: Senior Enrichment Center
2275 Trane Rd, Bullhead City, AZ 86442

Call: (928) 763-0193

RSVP: (928) 763-0193 or in person at the
Senior Enrichment Center

SEPTEMBER IS FALL PREVENTION MONTH

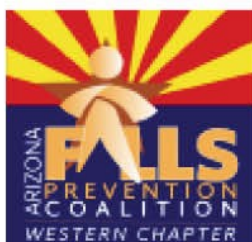
The mission of the Arizona Falls Prevention Coalition is to reduce risk of falls in Arizona through education, outreach, evaluation and advocacy of education that will help seniors and their loved ones to be made more aware of how to prevent falls and fatal injuries. Unintentional Falls were the leading cause of injury-related mortality among Arizona residents 65 years and older.

Stop falls this Fall by joining us for this free prevention and education event. Participants are encouraged to ask questions. Information and resources will be made available to take home. Topics of discussion to include: physical and occupational therapy, in-home safety, medication understanding.

"An Ounce of Prevention is Worth a Pound of Cure."

Benjamin Franklin

BROUGHT TO YOU BY:





THE RESERVE AT FOX CREEK OFFERS GATED, ACTIVE RETIREMENT LIVING IN SUNNY NORTHWESTERN ARIZONA, WITH ENDLESS POSSIBILITIES FOR FUN AND RELAXATION.

The Reserve is the perfect place for those looking to find a friendly community that is a destination unto itself, with a fantastic location just across the Colorado River from the casinos and big-name entertainment of Laughlin, Nevada! Experience an inspired retirement lifestyle at The Reserve at Fox Creek in Bullhead City.

Residents love taking advantage of our community amenities. Take a dip in our sparkling pool or lounge in the warm Arizona sunshine. Stroll or bike through

our beautifully maintained neighborhood. Enjoy activities in our fantastic clubhouse – the hub of social activity. Stop by the game room and play billiards or cards with friends. An active calendar of events and activities allows you to get involved, stay fit, have fun and meet new friends! Become a part of our community and a unique Arizona living experience. We're Pet Friendly!

PRICE IMPROVED



2350 Adobe Road #6

Nicely updated home near community center and pool. Backs to the wash with panoramic mountain views from back yard.

MLS#020160 **\$139,000**



2350 Adobe Road #8

The perfect location and lot. Backs to wash with beautiful panoramic views of mountains and sunsets. Enjoy this charming 2 bedroom 2 bath home with open split floor plan. The kitchen has an eat in nook and eat at kitchen bar. The primary bedroom has a walk in closet and bath with walk in shower. You will enjoy the living room with access to the enclosed Arizona room for that added space. Don't miss this great bargain priced to sell.

MLS#026977 **\$119,000**

PRICE IMPROVED



2350 Adobe Road #17

Newly painted throughout including updated cabinets. New gray laminate flooring throughout and ceiling fans. Ready for you to move in. Beautiful landscaped backyard.

MLS#023715 **\$114,000**



2350 Adobe Road #68

Nice Home in 55+ Active Gated Community. Very popular open, split floor plan with primary suite on one side and guest bedroom on the other. The roomy Primary suite offers walk-in closet and walk-in shower. The kitchen is open to the living room and casual eating area. Enjoy the front and back Screened Arizona rooms for relaxing. Convenient side by side covered carport and storage shed for your extras.

MLS#028939 **\$134,900**



2350 Adobe Rd #50

Former Model Home with recently added, fully insulated bonus room. Tile floors in kitchen and baths. Split floor plan. Kitchen includes all appliances. Washer and dryer located in the utility room just off the kitchen. The living room has a built-in entertainment center and has sliding door to the large, finished bonus room. The primary suite includes the bathroom with walk-in shower and closet. Double carport for easy parking. Home is by the community common area and easy walking to the mailbox, pool and clubhouse. Great views of the mountains.

MLS#029686 **\$145,000**

Community Open House

September 12th

9am to 3pm

See you there!

2350 Adobe Rd. Bullhead City, AZ

PRICE IMPROVED



2350 Adobe Road #106

Newly remodeled and updated. Hard to find 3-bedroom home ready to move in. Large open floorplan. Eat in kitchen nook and a formal dining area. Kitchen is open to living room and dining area. The primary suite offers walk in closet, dual sinks and linen cabinets. There is a sliding door leading to the back screened Arizona Room.

MLS#029131 **\$138,000**



2350 Adobe Road #119

Lovely home with laminate flooring throughout. Large 1437 sq.ft. With front and back screened Arizona Rooms. Popular floor plan with large kitchen with pantry, breakfast bar and open to the living room.

MLS#023438 **\$144,000**



2350 Adobe Road #178

Enjoy this popular split floor plan. Large eat in kitchen is open to the living room. Large owner suite with walk in shower and walk in closet. Slider to the Arizona room from both the living room and owner suite. New roof and carport/awning in the past year. Double carport with side by side parking. Nice shed for storage. Pet friendly community.

MLS#028936 **\$159,000**

PRICE IMPROVED



2350 Adobe Road #256

This home is beautiful and ready to move in. Eat in kitchen with lots of cabinets, pantry, breakfast bar and is open to the living room. The living room has sliding doors to an enclosed bonus/sun room. Primary bedroom is large with walk in closet and walk in shower. The guest bath has a walk in shower and nice linen closet. Double carport offers side by side parking or extra room if you have one car. Just minutes from shopping, dining and the river and Laughlin for entertainment.

MLS#028907 **\$139,000**



2350 Adobe Rd #293

This over 1600 square foot home is ready to move in. The spacious kitchen offers an eat-in kitchen nook, pantry, breakfast bar and all appliances. The living room offers lots of room for your furniture of choice. There is a utility room with washer/dryer and door to the carport and a 1/2 bath for easy access. A big bonus is the walk-in tub/shower for safe bathing and accommodating disabilities if needed. The primary suite is elegant with a walk in closet. The very large bath offers dual sinks and vanity providing lots of drawers and cabinets and walk in shower.

MLS#029454 **\$189,900**



In Memory of Beatrice Hundley
7/29/1941 - 7/30/2025

Our Mom, Beatrice Hundley aka (Bea), was a beautiful soul inside and out. A devoted wife and mother of two boys, Bea adored her family.

After losing her husband, Ralph, in 1992, Bea went to live with her younger sister in Southern California. While there, Bea volunteered her time at the local senior center where she helped those in need, receiving numerous awards and certificates from the offices of President, Governor, and Congressman for her help in getting homeless individuals off the street. Bea and her sister, Lucy, were very close and enjoyed making the trip to Laughlin/Bullhead City to see her two sons living in the home she and her husband built back in the early 90s.

After moving back to Bullhead City to be closer to her sons, Bea enjoyed spending her time at the senior center where she met and made several good friends, who took the time on numerous occasions to visit her while she was in the hospital.

Bea was a wonderful daughter, sister, wife, and mother who loved children, her dogs, and gardening. Bea gave so much of herself, never asking for anything in return; that's just the person she was. Bea was a hard worker and a woman of great faith, who is survived by her sister, Lucy, and her two sons, Ralph Jr., and Richard. We were all blessed to have her in our lives for as long as we did.

May God Bless Bea with everlasting peace.
Amen.



SUPPORT LOCAL SENIORS WITH A SENIOR ENRICHMENT CENTER SPONSORSHIP OR ADVERTISING



**MONTHLY
root beer
FLOATS
SPONSOR**

What does it mean to be the root beer float sponsor? It means your business brings smiles to all the seniors once a month while they enjoy frosty root beer floats for free!

\$1200 6 MONTHS/\$2400 12 MONTHS

Sponsor receives:

- Event sponsors are listed in the monthly event calendar as the sponsor of their event
- Sponsor logos are included in their event activities ads in the program and on Facebook
- For a year we use the back page of the program as a sponsor thank you with sponsor logos
- Your logo is included on the website and social media as a sponsor
- Your logo is on the sponsor posters inside the Senior Enrichment Center
- Your business name is broadcast over the internal p.a. system in the Senior Enrichment Center as the sponsor of your event

The newsletter is printed monthly and distributed through the center to our homebound clients and at local businesses around town. The newsletter is posted on social media, the website and is eblast out to our database each month.




Shauna Cates, Sponsorship Coordinator
(928) 763-9400 x8358 scates@bullheadcityaz.gov



**GRAB BAG
BINGO**

GRAB BAG BINGO!
The Grab Bag Bingo games takes place once a month in the Great Room. Sponsors are encouraged to participate - come by and call a bingo game! It's a ton of FUN! Your sponsorship funds the bingo supplies, snacks, beverages and prizes. If you are not able to attend a volunteer will run the game for you.

\$1200/6 months \$2400/12 months

Sponsor receives:

- Event sponsors are listed in the monthly event calendar as the sponsor of their event
- Sponsor logos are included in their event activities ads in the program and on Facebook
- For a year we use the back page of the program as a sponsor thank you with sponsor logos
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Shauna Cates, Sponsorship Coordinator
(928) 763-9400 x8358 scates@bullheadcityaz.gov



**GAME OR
TOURNAMENT
SPONSOR**

Your business or service group can host a monthly game or tournament at the Senior Enrichment Center. Chances you know, games show host(ess) and let's have some fun!

Your sponsor fee covers the cost of a monthly game or tournament including decorations, prizes, games, and snacks. Your event will be run by your staff or a SEC volunteer. *Estimates other sponsored game types like bingo.

\$1200 6 months/\$2400 12 months

Sponsor receives:

- Event sponsors are listed in the monthly event calendar as the sponsor of their event
- Sponsor logos are included in their event activities ads in the program and on Facebook
- For a year we use the back page of the program as a sponsor thank you with sponsor logos
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Shauna Cates, Sponsorship Coordinator
(928) 763-9400 x8358 scates@bullheadcityaz.gov

**WE HAVE SOMETHING
FOR EVERY INTEREST
& BUDGET!**

**FOR MORE INFORMATION CONTACT
SHAUNA CATES, SPONSORSHIP COOR.
(928) 763-9400 EXT. 8358 SCATES@BULLHEADCITYAZ.GOV**



Scan to purchase your tickets before
September 14th for \$15 each



SPAGHETTI FUNDRAISER DINNER

Wednesday, September 17th from 4:00-5:30 pm
at the Senior Enrichment Center -2275 Trane Road, Bullhead City



Spaghetti alla Vodka

Comes with
Salad/Italian
Dressing
Garlic Bread
Ice Tea or
Lemonade



Spaghetti w/Marina

\$15 a plate if purchased by September 14th /\$17 at the door



All proceeds will help feed local seniors and disabled

CONTACT US

 (928) 763-0193

SEC@bullheadcityaz.gov



Where The LOCALS GO

At **Davis Place** our Assisted Living community is made up of friends, neighbors and colleagues. We are passionate about preserving local connections and making new memories while offering the peace of mind that comes from knowing you or your loved one is being cared for like family.

Call **928.433.4076** or visit us online to schedule your free lunch and tour!

SAVE UP TO
\$3,000

On Select Apartment Homes*



DAVIS PLACE™

An Integral Senior Living Community

DavisPlaceSeniorLiving.com

2943 Desert Sky Boulevard, Bullhead City, AZ 86442
Assisted Living



*New residents only. Limited-time offer. Restrictions apply. ©2025 Integral Senior Living Management, LLC. All Rights Reserved. Prices, plans and programs are subject to change or withdrawal without notice. Void where prohibited by law. Managed by Integral Senior Living Management, LLC. DVPL-0003 08/25

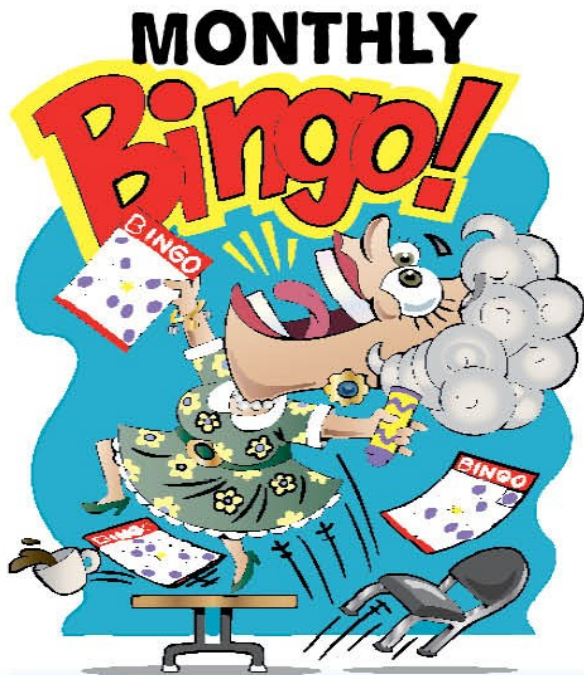


SEPT 4 & 25
NOON-1PM

**BULLHEAD CITY
SENIOR ENRICHMENT CENTER
2275 TRANE ROAD
BULLHEAD CITY, AZ**

SPONSORED BY





Sept 18

12:30 P.M. - 2:00 P.M.

**INSIDE
BULLHEAD CITY'S
SENIOR
ENRICHMENT CENTER
2275 TRANE RD**

**SPONSORED BY
KARO TNGRIAN**



Independent Insurance Broker
Medicare Advantage • Medicare Supplement
Part D • Dental & Vision • Critical Care

702-624-3161
TNGMEDICARE.COM

**SPONSORED BY
LEGACY REHAB & CARE CENTER**

MONTHLY MIXER

**JOIN US AT
SENIOR ENRICHMENT CENTER**

LET'S MIX & MINGLE!

Our Monthly Mixer is a fun and friendly gathering for seniors to socialize and make connections. We will "mix" it up each month with a new theme and activity. Make new friends and enjoy refreshments and snacks.

Tuesday, September 23

12:30 pm - 1:30 pm

**MAKE A CONNECTION
BINGO**

SPONSORED BY



**BULLHEAD CITY
SENIOR ENRICHMENT CENTER
2275 TRANE ROAD
BULLHEAD CITY, AZ**



GAME sponsor



Do you love card games? So do we!
Senior Enrichment Center offers a variety of engaging and social card games that bring fun, strategy, and laughter to your day. Whether you're a seasoned pro or just learning, there's something for everyone!

- Pinochle
- Hit the Bulls Eye
- Sweep Card
- Cue Masters Club
- Poker
- Left, Right, Center
- Hand and Foot
- & More!
- Mexican Train
- Mahjong Tiles

We welcome new players and new games! If you're interested in joining, or even starting a card group, we'd love to help make it happen. Come by for a personal tour and see our card rooms in action.

TRIVIA

**Join us on the fourth
Wednesday of each
month starting
at Noon.**

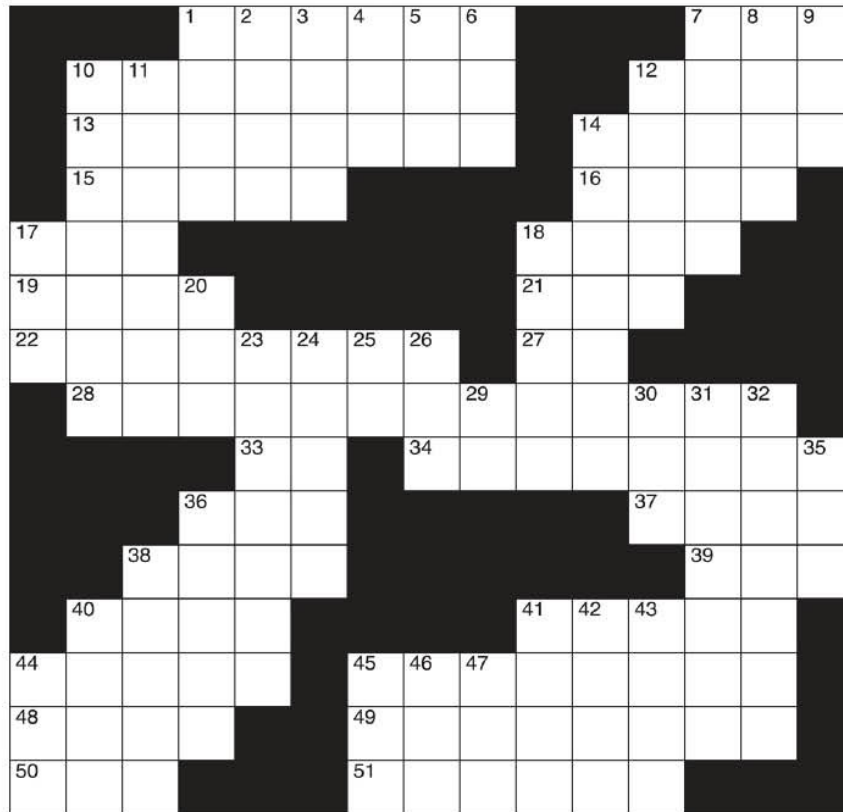
Have Fun & WIN PRIZES!

Sponsored by



**Bullhead Senior Enrichment Center
2275 Trane Rd. Bullhead City, Arizona**

CROSSWORD



CLUES ACROSS

- | | |
|-----------------------------------|-----------------------------|
| 1. Carved into | 33. Mr. T character Baracus |
| 7. ___ Rogers, cowboy | 34. Against the current |
| 10. Unruly locale | 36. Subway rodent |
| 12. Edible mushroom | 37. Armor plate |
| 13. Influential noblemen | 38. Hair on the head |
| 14. Rattling breaths | 39. Strong insect |
| 15. David ___ George, Brit. P.M. | 40. Swollen lymph node |
| 16. Musician Clapton | 41. A way to lessen |
| 17. Small Eurasian deer | 44. Walter White poison |
| 18. Invests in little enterprises | 45. Sleeveless garment |
| 19. Perimeter | 48. Long accompanied song |
| 21. Chicago ballplayer | 49. Without features |
| 22. Animal body part | 50. Yankee great Mattingly |
| 27. It's everywhere these days | 51. Removes from record |
| 28. Fictional ad exec | |

CLUES DOWN

1. Root of taro plant
2. Those ones
3. Appliances have one
4. A way to sing
5. Midway between east and southeast
6. Animal dwelling
7. An object that as survived from the past
8. Oil cartel
9. Affirmative
10. Foul smell
11. Brisk tempo
12. S. American indigenous person
14. Restored
17. Official
18. Skin lesions
20. Electroencephalograph
23. Middle Eastern country
24. Extremely angry
25. Title used before a woman's name
26. British thermal unit
29. By the way (abbr.)
30. Anger
31. Nullifies
32. Ones who acquire
35. Time zone
36. Arabic name
38. Protein in mucus
40. Ballpoint pen
41. Mimics
42. Humans have a lot of it
43. Expressions of good wishes
44. Cool!
45. One point east of due south
46. City of Angels football team (abbr.)
47. A way to save for retirement



"Happily we bask in this warm September sun, which illuminates all creatures"
-Henry David Thoreau

Breakfast

8:30 a.m. to 10:30 a.m.



Your choice of:

Beverage Only: Coffee, Tea or Juice only
\$1 per person or Continental Breakfast
& Beverage only \$2 per person

All food must be eaten in the building.
No food is allowed to be taken outside
the Senior Enrichment Center building.
Drink refills are free.

Bullhead City's
Senior Enrichment Center
2275 Trane Rd.
Bullhead City, Arizona
www.bullheadcity.com



**Proud to Support Senior Fitness
Activities at Bullhead City Senior
Enrichment Center**

- **Chair Yoga**
- **Zumba**
- **Tai Chi**
- **Bingocize**
- **Esstaries**
- **Body Moves for Brian Power**
- **And MORE!**

ALL THE ANSWERS YOU SEEK. . .

7	9	6	4	5	1	8	2	3
5	1	2	9	8	3	4	7	6
4	3	8	7	2	6	1	9	5
2	4	5	3	6	8	7	1	9
3	7	1	2	9	4	5	6	8
8	6	9	1	7	5	2	3	4
9	5	3	8	1	2	6	4	7
1	8	4	6	3	7	9	5	2
6	2	7	5	4	9	3	8	1

6	5	3	7	2	8	9	1	4
8	7	4	9	1	5	3	2	6
1	2	9	4	6	3	8	7	5
2	6	5	1	8	9	7	4	3
4	1	8	3	7	6	2	5	9
9	3	7	2	5	4	1	6	8
5	4	1	8	3	2	6	9	7
3	9	2	6	4	7	5	8	1
7	8	6	5	9	1	4	3	2

			E	T	C	H	E	D				R	O	Y
	M	A	D	H	O	U	S	E				C	E	P
	A	L	D	E	R	M	E	N				R	A	L
	L	L	O	Y	D							E	R	I
R	O	E										S	B	I
E	D	G	E									C	U	B
F	O	R	E	L	I	M	B					A	I	
	R	O	G	E	R	S	T	E	R	L	I	N	G	
				B	A			U	P	S	T	R	E	A
				R	A	T						E	G	I
				M	A	N	E						A	N
	B	U	B	O								A	B	A
R	I	C	I	N								S	L	I
A	R	I	A									B	A	R
D	O	N										E	R	A



K	Z	U	D	B	C	W	I	M	K	P	U	O	O	T	H	V	Y	E	L
T	Z	W	G	O	U	R	D	S	E	G	A	I	L	O	F	B	L	D	R
C	H	L	R	B	O	M	W	S	R	D	A	G	E	N	G	H	Y	N	A
H	O	E	A	A	E	F	P	U	E	Y	R	Y	E	Z	A	M	E	P	K
N	O	R	A	U	T	U	M	N	B	W	T	A	N	P	Z	O	Y	L	E
W	T	A	N	C	I	N	N	A	M	O	N	H	H	B	R	Z	P	L	N
K	W	D	G	U	N	U	O	G	E	E	E	A	H	C	R	I	S	P	L
K	R	Y	V	W	C	W	P	W	T	B	L	Y	Y	T	R	L	A	A	N
M	P	T	P	O	G	O	P	S	T	E	M	R	E	T	O	S	I	N	C
W	E	V	K	R	C	N	P	T	E	M	R	E	T	O	S	I	N	C	F
C	R	W	L	C	C	T	M	I	S	K	H	T	M	N	T	A	H	F	U
W	I	M	U	E	I	Z	S	L	A	S	C	U	R	E	S	N	I	D	W
Z	F	V	T	H	E	D	E	T	M	W	E	H	C	O	E	L	G	A	I
H	N	T	H	A	E	G	M	E	U	Y	C	F	Z	L	L	C	I	A	P
L	O	E	U	C	R	N	A	B	D	A	H	B	Y	A	M	P	F	U	P
R	B	E	E	S	O	T	K	P	F	F	U	D	S	I	K	E	A	R	L
L	L	E	A	V	E	S	O	F	K	D	B	H	E	I	K	W	E	M	E
P	P	S	V	R	N	I	K	P	M	U	P	C	A	E	R	V	O	K	K
M	E	C	I	P	S	F	A	W	F	L	H	T	S	D	C	D	Z	S	F
O	S	U	N	S	E	T	S	P	R	B	Y	U	T	S	E	V	R	A	H

BULLHEAD CITY RECREATION DIVISION

SPLASH PAD BINGO

SENIOR SPLASH PAD TAKE OVER!

FRIDAY, SEPT 5TH

NOON-2PM

KEN FOVARGUE PARK / SPLASH PAD

2255 TRANE ROAD

**CALLING SENIORS 50 YRS AND BETTER!
BRING YOUR CHAIR, TOWEL, SUNBLOCK!
FEATURING SPLASH PAD BINGO!!**

**FOR MORE INFORMATION CONTACT
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928.763.0188
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