

V04 I12

MARCH 2026 NEWSLETTER

BULLHEAD CITY • ARIZONA

SENIOR ENRICHMENT CENTER



HELPING SENIORS THRIVE IN OUR COMMUNITY



SCAN FOR
EVENT CALENDAR



DISCOVER A NEW CHAPTER AT DAVIS PLACE™

An Integral Senior Living Community

Begin a new chapter in a place that feels like home. At **Davis Place**, residents experience the freedom of maintenance-free living, and are able to focus on what brings them joy. With a variety of social gatherings, engaging activities, and enriching programs, each day fosters connections and memorable experiences. From housekeeping and chef-prepared meals to personal support, everything is thoughtfully managed for comfort and peace of mind. Discover what this new beginning can bring at Davis Place Assisted Living, where comfort and connection await.

DavisPlaceSeniorLiving.com

2943 Desert Sky Boulevard, Bullhead City, AZ 86442
Assisted Living



UNLOCK SAVINGS UP TO
\$3,000
on select
apartment homes*

Call 928.433.4076 or visit
us online to schedule
your free lunch and tour!

*New residents only. Limited-time offer. Restrictions apply. ©2025 Integral Senior Living Management, LLC. All Rights Reserved. Prices, plans and programs are subject to change or withdrawal without notice. Void where prohibited by law. Managed by Integral Senior Living Management, LLC. LICENSE #AL9756C. DVPL-0010 12/25



GRAB BAG BINGO

WED. MARCH 11
10 A.M. - 11 A.M.
SENIOR ENRICHMENT CENTER
2275 TRANE AD BULLHEAD CITY

SPONSORED BY





The Bullhead City Senior Enrichment Center provides an integrated system of services, resources, and opportunities to help people improve their lives through recreational, social services and health and wellness services. The Senior Enrichment Center offers a variety of activities and programs for seniors ages 50+. The programs are specially designed to allow every adult of any activity level to participate in a safe and inviting environment. The Center offers more than 50 weekly activities designed to support independence, promote lifelong learning and sustain a healthy and engaged lifestyle.

Senior Enrichment Center is also home to the Bullhead City Nutrition Center. The Nutrition Center provides meals for individuals 50+. Meal options include a continental breakfast and lunch. Continental breakfast is served Monday through Friday from 8:30 a.m. to 10:30 a.m. for \$2, or \$1 for coffee only. Lunch is available Monday-Friday from 11:30 a.m. to 12:30 p.m. A suggested donation of \$3 is requested for each meal for individuals 60+ or disabled with a statement of need from a physician. Individuals 50+ can get lunch for \$5.

If you are unable to attend in person, they also offer a home delivery meal program through Meals on Wheels-Bullhead City, AZ. Interested in learning more or signing up. Call 1-(800)782-1886 and leave a message with your name, phone number and interest in Meals on Wheels in Bullhead City, to start the qualification process .

Bullhead City Senior Enrichment Center also offers a transportation service to those in need. Whether you need a ride to the Senior Enrichment Center, medical appointments, or to run errands. Call (928) 704-2287 to set up your \$2 round trip rides.

Senior Enrichment Center
2275 Trane Road
Bullhead City, AZ 86442
Monday and Friday
8:00 a.m. to 4:00 p.m.
Tuesday-Thursday
8:00 a.m. to 6:00 p.m.
For more information call
(928) 763-0193
Follow us on Facebook!



Jeff Tipton

Human Services Director
(928) 763-9400 ext. 8157
jtipton@bullheadcityaz.gov

Kim Cool

Senior Services Program Manager
(928) 763-0193
kcool@bullheadcityaz.gov

John Kearns

Senior Enrichment Nutrition Coor.
(928) 763-0193
jkearns@bullheadcityaz.gov

Jenny Oliverio

Senior Enrichment Activity Coor.
(928) 763-0193
joliverio@bullheadcityaz.gov

Jackie Jensen

Director of Marketing,
Sponsorships & Tourism
(928) 763-9400 ext. 8246
jjensen@bullheadcityaz.gov

Sauna Cates

Sponsorship Coordinator
(928) 763-9400 ext. 8358
scates@bullheadcityaz.gov



MONTHLY MENU MARCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatloaf w/ Gravy Mac & Cheese Veggies	3 Diced Ham & Egg Scramble Tater Tots & Veggies	4 Stuffed Cabbage Corn Cobbler	5 BBQ Pulled Pork Baked Beans Cobbler	6 Chicken Alfredo w/Peas & Carrots Roll & Pears
9 Lemon Pepper Chicken Mashed Potatoes Carrots	10 Chicken Cordon Bleu Potato Wedges Mixed Veggies	11 Chicken & Dumplings Peas & Carrots Cobbler	12 Chicken Fajitas w/ Peppers and Onions Spanish Rice Cinnamon Apples	13 Spaghetti & Meatballs Roll Cobbler
16 Salisbury Steak w/Gravy Rice Pilaf Green Beans	17 Cobb Salad Roll Dressing	18 Vegetable Lasagna Dinner Roll Broccoli	19 Sweet & Sour Chicken Mixed Veggies	20 Chicken Enchilada Fiesta Blend Rice
23 Meatloaf w/Gravy Mac & Cheese Mixed Veggies	24 Denver Omelet Breakfast Potatoes Pork Sausage	25 Stuffed Cabbage Corn Cobbler	26 Sweet & Sour Meatballs Pasta & Carrots	27 Beef Lasagna Dinner Roll Broccoli
30 BBQ Pulled Pork Baked Beans Cobbler	31 Chicken Cordon Bleu Potato Wedges Mixed Veggies			

1% milk and fruit are included with each meal. A donation of \$3.00 is requested for each meal.
Meals are prepared by WARMC. Meal costs partially funded by: WACOG & United Healthcare.



Menu is subject to change. Senior Nutrition Center is located at 2275 Trane Rd, Bullhead City.
 Congregate lunch is served Monday through Friday 11:30 am - 12:30 am to those 60+ or with a disability. Meals on Wheels

JOIN OUR COMMUNICATION CLASS!



Whether you want to feel more comfortable expressing yourself, improve conversations with loved ones, or learn helpful tips for navigating difficult discussions, this class offers practical tools in a supportive and welcoming environment.

WHAT YOU'LL LEARN:

- Explore ways to express thoughts and feelings clearly and confidently
- Learn active listening skills to improve understanding and connection
- Practice handling misunderstandings and difficult conversations
- Discuss how communication styles can affect relationships
- Share tips for staying connected with family, friends, and community

Thursday
March 12th
10 am
In the
Conference
Room

Join us for a relaxed and engaging class focused on strengthening everyday communication skills.



ARTS & CRAFTS

Art Therapy CLASS

Tuesday in the Craft Room from 12:30 p.m. to 2:30 p.m.

- 3/3 St Paddy's Day & Easter Card Making
- 3/17 Jeweled Shamrock Wooden Craft
- 3/24 Faberge' Dot Egg Painting
- 3/31 Button Bloom Canvas



Friday FUN crafts

Friday in the Craft Room from 10:00 a.m. to 11:30 a.m.

- 3/6 Yarn Gnome
- 3/13 Cupcake Garden
- 3/20 Easter Egg Door Hanger
- 3/27 Terracotta Dot Art

Limited to the
first 15
participants

Sponsored by:

M MOHAVE
COLLEGE

COMMUNITY EDUCATION



LIVE MUSIC & MORE



NOW APPEARING:
CHARLES NEUZIL

**FRIDAY, MARCH 20TH
NOON - 1:30 PM
IN THE GREAT ROOM**

Acclaimed jazz trombonist Charles Neuzil brings the art of jazz to life in a unique solo performance, blending his trombone with his own custom instruments and innovative technology. This engaging presentation explores the creativity, rhythm, and emotion behind jazz while delivering a rich, one-of-a-kind sound experience.

**SENIOR ENRICHMENT CENTER
2275 TRANE ROAD**

SPONSORED BY



**US SOUTHWEST
REAL ESTATE**

Lois Briesemeister

Branch Manager / Associate Broker

US Southwest, LLC

Buying or Selling, Give me a Call

Phone: 928-201-0267 Email: lois@ussw.net



**Proud to Support Senior Fitness
Activities at Bullhead City Senior
Enrichment Center**

- **Chair Yoga**
- **Zumba**
- **Tai Chi**
- **Bingocize**
- **Body Moves for Brain Power**
- **And MORE!**

SPRING CLEANING

WORD SEARCH



I	T	E	S	P	Z	Y	L	S	N	R	V	N	T	T	G	Y	H	L	D
A	C	I	I	W	E	C	N	A	N	E	T	N	I	A	M	U	I	G	E
S	T	M	G	R	D	R	A	G	B	S	A	N	I	T	I	Z	E	Z	O
P	U	W	N	X	T	E	S	C	C	E	X	Z	D	W	N	W	I	M	M
P	E	R	I	Z	F	A	E	T	U	V	L	E	L	M	G	N	X	X	D
G	D	Y	B	M	R	R	D	P	G	X	T	I	E	M	A	C	X	Y	P
N	B	Z	B	F	E	V	E	I	C	O	D	G	N	G	X	A	P	Z	D
I	D	G	U	G	S	E	D	N	X	L	A	U	R	G	C	R	H	I	M
T	C	E	R	Z	H	L	A	I	E	R	E	O	A	S	D	V	S	S	S
S	U	Y	C	W	O	I	F	D	O	W	D	A	B	Z	P	I	I	N	E
U	A	A	S	L	T	Y	F	T	W	B	A	M	N	O	N	L	O	D	G
D	R	T	I	C	U	B	S	U	U	U	N	L	L	F	A	I	M	M	R
E	X	G	V	R	I	T	E	D	E	P	E	I	E	M	T	O	U	U	U
Z	T	A	I	C	I	I	T	B	T	P	S	C	I	A	P	R	I	U	P
H	O	M	E	E	D	N	Z	E	F	H	T	N	N	P	R	P	W	C	A
P	Z	V	A	W	G	M	G	R	R	T	I	O	I	I	H	H	Z	A	L
S	O	R	T	I	N	G	M	F	D	M	D	N	T	I	Z	G	I	V	B
L	A	Z	E	R	R	W	V	F	P	O	G	A	N	T	G	T	I	P	L
S	T	S	L	T	H	Z	P	E	Y	G	N	I	L	C	Y	C	E	R	A
V	F	S	I	E	C	F	L	Y	G	E	E	X	Y	R	D	N	U	A	L

Find the words hidden vertically, horizontally, diagonally, and backwards.

- AIRING
- DECLUTTER
- DEEP-CLEAN
- DETOXIFY
- DISINFECT
- DONATIONS
- DUSTING
- FRESH
- HOME
- LABELING
- LAUNDRY
- MAINTENANCE
- MINIMALISM
- MOPPING

- ORGANIZE
- POLISH
- PURGE
- RECYCLING
- RENEWAL
- SANITIZE
- SCRUBBING
- SORTING
- STORAGE
- VACUUM



Bullhead City Senior Enrichment Center's

One Year Celebration

Join us for a marathon 5-hour day packed full of fun as we celebrate the first anniversary of our activity center expansion.

Wed, March 4th 9am-2pm

Senior Enrichment Center, 2275 Trane Road, Bullhead City

Enjoy a free continental breakfast from 9am-10am. Lunch is from 11:30am to 12:30pm suggested donation is \$3 for individuals age 60+ or disabled with a physicians statement of need. All others must pay \$5. Cash transaction only at the front desk.

Visit Booths and Watch Demonstrations!

Get special punch card at the entry and be sure to deposit it when exiting for your chance to win door prizes!

Arts and Crafts

Beading Circle Demonstration Diamond Art-Demonstration Rock Painting Demonstration Knit & Crochet Demonstration Card Making-Demonstration Art Therapy/Fun Crafts Table

Fitness and Health

Brain Savers Demonstration Chair Yoga Demonstration Sound Bowl Breathing Demonstration Tia Chi Demonstration Essentrics/Zumba Demonstration Staying Alive Demonstration Line Dancing Demonstration Drum Circle Demonstration Music and Entertainment Golden Games Table

Fun and Games

Poker The Cue Masters Hand & Foot Table Left, Right, Center Mahjong Mexican Train Shuffleboard /Darts Trivia Demonstration Sweep Card Game Bunco Pass the Trash Bingo Pinochle Wii Bowling Karaoke Free Ice Cream Sundaes Give Make & Take Demonstration Genealogy Club

Support Groups and Services

Dementia Support Virtual Dementia Tour Bereavement Group Legal Service Senior Companions Library Assistance Tech Assist/Daily Webinar Sign Up S.H.I.P. (Medicare) Counselor Veterans Benefit Counselor



Senior Enrichment Center
2275 Trane Road
Bullhead City, Arizona
(928) 763-0193

Follow us on Facebook!

* Regularly scheduled programs will NOT occur on this day due to the special event.

Scan Here For



Schedule of Events



Bullhead City Councilwoman, Karen Dallman
Friday, March 6th 9am-10am
Senior Enrichment Center 2275 Trane Road

Join us for casual conversation over coffee. This is a great opportunity to discuss local issues, share your thoughts, and get to know a community leader. Free coffee for all those who sit with Karen. Questions, contact Jenny, Activities Coordinator (928) 763-0193



Welcome

Tracy Osborne, FNP
Primary Care

Specializing In:

- Adult primary care
- Pediatric primary care
- Urgent care
- Wellness



Valley View Medical Center
5330 S. Hwy. 95, Fort Mohave, AZ 86426

To schedule an appointment, call **928.788.1911**.
Learn more at **ValleyViewMedicalCenter.net**.



Rock the Belle! KARAOKE CONTEST

SIGN UPS ARE FREE!

One winner goes home
with \$500 and
qualify for the
Championship Round!

Qualifying Rounds:

Fri, February 20, Fri, March 20, & Fri, April 17

Championship Event:

Fri April 24, 2026

5pm sign-ups. Contest starts 6pm. Free to enter.

Winner gets \$500!

Winner moves on to the Championship Round!

*Bring your friends, the audience is the judge for
qualifying rounds.*

*Must be 18 yrs of age or older with a
valid photo ID to participate.
Contestant can only win one
qualifying round. Winner responsible
for all applicable taxes. Management
reserves all rights. Complete rules &
details posted at the Bullhead Belle.*

Sponsored by:



Lois Briesemeister
Branch Manager / Associate Broker
US Southwest, LLC
Buying or Selling, Give me a Call
Phone: 928-201-0267
Email: lois@ussw.net



Bullhead Belle



Located along the Colorado River at 1251 Highway 95,
inside Bullhead City's Community Park.

Follow us on Facebook! bullheadbelle.com



Join us for
**FREE Weekly
Bingo game
Every Monday
10 a.m. - 11:30 a.m.**

**SENIOR ENRICHMENT
CENTER
2275 TRANE ROAD
BULLHEAD CITY**

SPONSORED BY



GAME sponsor

- Pinochle
- Sweep Card
- Poker
- Hand and Foot
- Mexican Train
- Mahjong Tiles
- Hit the Bulls Eye
- Cue Masters Club
- Left, Right, Center
- & More!



We welcome new players and new games! If you're interested in joining, or even starting a card group, we'd love to help make it happen. Come by for a personal tour and see our card rooms in action.

Low-calorie, nutrient-rich foods to help you maintain overall health

A nutritious diet is a notable foundation of a healthy lifestyle. When paired with routine exercise, a healthy diet can help people feel better physically and mentally and reduce their risk for various chronic diseases.

Temptation combined with the accessibility and convenience of unhealthy foods makes it easy to compromise a healthy diet. When planning meals and snacks, adults looking to stay on a nutritious course can incorporate a variety of low-calorie, nutrient-dense foods into their diets.

The Mayo Clinic notes that most vegetables are naturally very low in calories but high in volume or weight. The weight in many vegetables comes from water and fiber, not calories. The fiber content in vegetables also can make people feel fuller longer, reducing the likelihood of between-meal snacking on unhealthy but convenient foods like potato chips. The Mayo Clinic cites these vegetables as low-calorie options that are high in water and fiber:

Salad greens, Asparagus, Carrots, Tomatoes, Broccoli, and Zucchini

Incorporating more low-calorie and water- and fiber-rich vegetables into your existing diet is not difficult. For example, the Mayo Clinic recommends adding vegetables to pasta dishes as a replacement for meat and cheese. When reaching for a between-meal snack, opt for carrots or broccoli over chips, pretzels or baked goods. Fruits also make a healthy addition to a daily diet, though the Mayo Clinic warns that some fruits are better than others for people looking for low-calorie, nutrient-dense options. The online medical resource Healthline notes that avocados typically contain 161 calories per 100-gram serving, which equals about half of a medium-sized avocado. That makes avocados a high-calorie fruit compared to some alternatives. Bananas also tend to be higher in calories than other fruits, as Healthline reports a medium-sized banana (105 calories) contains 27 grams of carbohydrates. Avocados and bananas pack a nutritional punch, but it's important that people seeking low-calorie fruits to add to their diet recognize that each fruit tends to be on the high end in regard to calories.

Fortunately, there are plenty of low-calorie and flavorful fruits that can make great additions to a healthy diet. Strawberries are loaded with flavor and rich in vitamin C and fiber, and a 100-gram serving of this popular fruit contains around 32 calories.

Watermelon (30 calories per 100 grams), cantaloupe (34 calories), honeydew melon (36 calories), and peaches (39 calories) are some additional low-calorie fruits that make great additions to a nutritious diet.

Eating right involves consumption of healthy foods like fruits and vegetables, which tend to be low in calories and nutrient-rich.

5	9			6		7		
	3			9				
	6					8		
4			1					8
					4	1		2
		8		7			6	
								6
7					5			
1	8			4	3	5		

Level: Advanced

					1	6	4	7
	2						5	
	4	3			8			
		2		5				4
1	7		4			9		
9		4		8	2		7	6
				6			1	8
	3					5		
8	1		2				3	9

Level: Beginner



BULLHEAD CITY'S SENIOR ENRICHMENT CENTER

2275 TRANE RD, BULLHEAD CITY, AZ 86442 (928) 763-0193

FOR SENIORS 50+ SOME ACTIVITIES REQUIRE ADVANCE REGISTRATION.

MARCH

WEEKLY ACTIVITIES

EVERY

MONDAY

9:00 a.m. to 11:00 a.m.

9:00 a.m. to 9:45 a.m.

10:00 a.m. to 11:30 a.m.

12:30 p.m. to 3:30 p.m.

12:30 p.m. to 3:30 p.m.

12:30 p.m. to 3:30 p.m.

1:00 p.m. to 3:00 p.m.

Tech Support/Mark Rosenthal/Library

Body Moves for Brain Power/Exercise Room

Sponsored by: Arizona Advanced Wound Care

Free Bingo w/Prizes/Great Room

Sponsored by Family Care Home Health & Hospice

Mexican Train/Game Room

Sponsored by: VooDoo Cove

Poker/Game Room

Sponsored by: VooDoo Cove

Pinochle/Great Room

Sponsored by: VooDoo Cove

Tech Support/Miriam Brown/Library

EVERY

TUESDAY

9:00 a.m. to Noon

9:00 a.m. to 9:30 a.m.

9:30 a.m. to 10:30 a.m.

12:30 p.m. to 3:30 p.m.

12:30 p.m. to 4:00 p.m.

1:00 pm to 3:00 p.m.

3:30 p.m. to 4:00 p.m.

4:00 p.m. to 5:00 p.m.

Beading Circle/Craft Room

Chair Zumba Class/Exercise Room

Sponsored by: Arizona Advanced Wound Care

BAND-O-CIZE/Exercise Room

Sponsored by: Arizona Advanced Wound Care

Poker Game/Game Room

Sponsored by: VooDoo Cove

Hand & Foot Card Game/Game Room

Sponsored by: VooDoo Cove

Tech Assistance/Pam Beaushay/Library

Tai Chi Class/Exercise Rm

Sponsored by: Arizona Advanced Wound Care

Line Dancing /Exercise Room

Sponsored by: Arizona Advanced Wound Care



EVERY

WEDNESDAY

8:00 a.m. to 4:00 p.m.
 9:30 a.m. to 10:30 a.m.
 10:00 a.m. to 11:00 a.m.
 12:30 p.m. to 1:30 p.m.
 1:00 p.m. to 2:00 p.m.
 1:30 p.m. to 2:30 p.m.
 1:30 p.m. to 2:30 p.m.
 7:00 p.m. to 8:00 p.m.

Veterans Benefit Councilor/Nutrition Center
Brain Savers Exercise/Exercise Room
 Provided by: Meals on Wheels Board
Wii Bowling/Great Room
Hit the Bullseye/Electronic Darts/Game Room
 Sponsored by: VooDoo Cove
Bereavement Support Group/Craft Room
Line Dancing/Beginner/ Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Cue Masters Club & Lessons/Game Room
 Sponsored by: VooDoo Cove
Gamblers Anonymous Meeting/Nutrition Center

* The only exception will be March 4th, when we will be following the anniversary schedule.

EVERY

THURSDAY

9:00 a.m. to 9:45 a.m.
 9:30 a.m. to Noon
 10:00 a.m. to 10:30 a.m.
 Noon to 3:00 p.m.
 12:30 p.m. to 3:30 p.m.
 1:00 p.m. to 3:00 p.m.
 1:30 p.m. to 4:30 p.m.
 5:30 p.m. to 9:30 p.m.

Chair Yoga Better Health / Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Morning Poker/Game Room
 Sponsored by: VooDoo Cove
BAND-O-CIZE/Exercise Room
 Sponsored by: Arizona Advanced Wound Care
Knit & Crochet Group/Craft Room
Mahjong Tile Game/Game Room
 Sponsored by: VooDoo Cove
Tech Support/Pam Beaushay/Library
Double Deck Pinochle/Nutrition Center
 Sponsored by: VooDoo Cove
Pass the Trash Game & Potluck
 Located in the old Senior Center, 2285 Trane Rd

EVERY

FRIDAY

8:00 a.m. to 12:30 p.m.
 9:00 a.m. to 11:00 a.m.
 9:30 a.m. to 10:30 a.m.
 10:00 a.m. to 11:00 a.m.
 10:00 a.m. to 11:30 a.m.
 12:30 p.m. to 3:30 p.m.
 12:30 p.m. to 3:30 p.m.
 12:30 p.m. to 3:30 p.m.
 2:00 p.m. to 2:30 p.m.

Wider Circle Event/Free Breakfast & Lunch
 Located in the Nutrition Center & Activity Center
Tech Assistance/Margaret Nelson/Library
Brain Savers Exercise/Exercise Room
 Provided by: Meals on Wheels Board
Shuffleboard Friday/Game Room
 Sponsored by: VooDoo Cove
Friday Fun Crafts/Craft Room/Limit 15
 Sponsored by Mohave College - Community Education
 Craft Projects: 3/6 Yarn Gnome, 3/13 Cupcake Garden,
 3/20 Easter Egg Door Hanger, 3/27 Terracotta Dot Art
Mexican Train/Game Room
 Sponsored by: VooDoo Cove
Pinochle/Nutrition Center
 Sponsored by: VooDoo Cove
Poker/Game Room
 Sponsored by: VooDoo Cove
Zumba Live/Beth Humphrey/ Exercise Room
 Sponsored by: Arizona Advanced Wound Care

SPECIAL EVENTS & ACTIVITIES

Monday, March 2

12:30 p.m. to 2:30 p.m.

Diamond Painting Creations/Crafts Room

Tuesday, March 3

10:00 a.m. to Noon

12:30 p.m. to 2:30 p.m.

Ping Pong Tuesday with Golden Games/Great Room

Art Therapy Class/Craft Room/St. Paddy's Day & Easter Card Making
Sponsored by Mohave College Community Education

Wednesday, March 4

9:00 a.m. to 2:00 p.m.

Senior Enrichment One year Marathon Anniversary Celebration



Thursday, March 5

10:00 a.m. to 11:00 a.m.

11:00 a.m. to 2:00 p.m.

11:00 a.m. to 11:30 a.m.

NAU Americorps Intro/Orientation/Conference Room

NAU Americorps Training/Conference Room

Stayin' Alive Dancing to the Oldies/Exercise Room

Sponsored by Arizona Advanced Wound Care

12:00 p.m. to 1:00 p.m.

Ice Cream Social

Sponsored by Bullhead City Culvers

12:00 p.m. to 5:00 p.m.

Monthly Texas Hold'em Tournament (30 ppl)/Great Room

5:00 p.m. to 6:00 p.m.

Community Garden Board of Directors Meeting/Conference Room

Friday, March 6

9:00 a.m. to 10:00 a.m.

12:30 p.m. to 1:30 p.m.

Coffee Talk with Councilwoman Karen Dallman/Nutrition center

White Elephant Bingo/Great Room

Currently Seeking a Sponsor!

Monday, March 9

10:00 a.m. to 11:00 a.m.

Colorado River Concert Meeting/Conference Room

Tuesday, March 10

10:00 p.m. to 12:00 p.m.

12:30 p.m. to 2:30 p.m.

6:00 p.m. to 9:00 p.m.

Ping Pong Tuesday/Great Room

Jewelry Making Class/St. Paddy's Earrings/Craft Room

Late Night Ladies Bunco Group/Nutrition Center

Wednesday, March 11

10:00 a.m. to 11:00 a.m.

Grab Bag Bingo/Great Room

Sponsored by Serenity Home Health and Hospice

12:30 p.m. to 3:30 p.m.

Sweep Card Game/Great Room

Sponsored by Voo Doo Cove

1:00 p.m. to 3:00 p.m.

Give, Make & Take/Nutrition Center/St. Patrick's Cookies

Sponsored by Canyon Home Care & Hospice

Thursday, March 12

10:00 a.m. to 11:00 a.m.

12:00 p.m. to 1:00 p.m.

12:30 p.m. to 2:00 p.m.

Communications Skill Building/Conference Room

Brain Games/Televeda/Great Room

Left, Right, Center Dice Game/ Game Room

Sponsored by Voo Doo Cove

Monday, March 16

2:30 p.m. to 3:30 p.m.

Drum Circle/Exercise Room

SPECIAL EVENTS & ACTIVITIES

Tuesday, March 17

10:00 a.m. to 12:00 p.m.
12:30 p.m. to 1:00 pm.

12:30 p.m. to 2:30 p.m.

St. Patrick's Day Table Tennis Tournament/Golden Games/ Great Room
Birthday Celebration/ Great Room
Sponsored by Joshua Springs Assisted Living
Art Therapy Jeweled Shamrock Wooden Craft/Craft Room
Sponsored by Mohave College Community Education

Wednesday, March 18

11:00 a.m. to 12:00 p.m.
12:30 p.m. to 2:00 p.m.
12:30 p.m. to 3:30 p.m.

Legal Services/Zoom/ Conference Room
Genealogy Club/Library
Bunco Game/Great Room

Thursday, March 19

10:00 a.m. to 11:00 a.m.
10:00 a.m. to 12:30 p.m.
11:00 a.m. to 11:30 a.m.
11:00 a.m. to 2:00 p.m.

12:30 p.m. to 1:30 p.m.

Rock Painting/CRWC/Craft Room
NAU Americorps Intro Orientation/Conference Room
Stayin' Alive Dancing to the Oldies/Exercise Room
NAU in-Service Training/Conference Room
Sponsored by Arizona Advanced Wound Care
Monthly Bingo
Sponsored by TNG Insurance

Friday, March 20

12:00 p.m. to 1:30 p.m.

The Art of Jazz with Charles Neuzil/Great Room
Sponsored by Lois Briesemeister/US Southwest Realty

Monday, March 23

12:00 p.m. to 1:00 p.m.

Root Beer Floats/Great Room
Sponsored by Mohave Medicare

Tuesday, March 24

10:00 a.m. to 11:00 a.m.
10:00 a.m. to 12:00 p.m.
12:30 p.m. to 1:30 p.m.

12:30 p.m. to 2:30 p.m.

Neighborly News & Networking/Great Room
Ping Pong/Great Room
Monthly Mixer/Mocktails /Great Room
Sponsored by The Legacy Rehab & Care Center
Art Therapy/Faberge' Dot Painting Egg Craft/Craft Room
Sponsored by Mohave College Community Education

Wednesday, March 25

12:00 p.m. to 1:00 p.m.

12:30 p.m. to 3:30 p.m.

1:30 p.m. to 2:30 p.m.

Monthly Trivia Event/Game Room
Sponsored by Dot Foods
Sweep Card Game/Great Room
Sponsored by Voo Doo Cove
Karaoke/Game Room

Thursday, March 26

10:00 a.m. to 12:30 p.m.
11:00 a.m. to Noon
12:00 p.m. to 1:00 p.m.

3:30 p.m. to 5:30 p.m.

NAU In-Service Training/Conference
Beyond Walls Bingo/Televeda/Great Room
Ice Cream Social/Great Room
Sponsored by Bullhead City Culver's
Virtual Dementia Tour/Conference Room

SPECIAL EVENTS & ACTIVITIES

Friday, March 27

12:00 p.m. to 1:30 p.m.

Shamrock & Bunny Social/Great Room
Sponsored by TWN Communications

Tuesday, March 31

10:00 a.m. to 12:00 p.m.

12:30 p.m. to 2:30 p.m.

Ping Pong/Great Room
Art Therapy /Button Bloom Canvas/Craft Room
Sponsored by Mohave College Community Education



MONTHLY root beer FLOATS

Mon, March 23rd Noon - 1pm

SPONSORED BY



**LOCAL
RELIABLE
TRUSTED**
*Serving our community for
over 14 years!*



928-600-2628 TTY-711

Shirley Martinez
Insurance Agent/Broker
License 0695764

SENIOR ENRICHMENT CENTER 2275 TRANE ROAD, BULLHEAD CITY

HAPPY HOUR



Delicious
MOCKTAILS

Wed, March 11
12:30 pm to 1:30 pm
Mock-tails,
with Fun & Games
in the Great Room

Senior Enrichment Center
Happy Hour is sponsored by



Rosalina Chen
Licensed Insurance Agent
928-486-1490
AZ Ins License: 19003122

SPONSORED BY
LEGACY REHAB & CARE CENTER

MONTHLY MIXER

JOIN US AT
SENIOR ENRICHMENT CENTER

LET'S MIX & MINGLE!

Join us for a lively game of Bingo with a fun twist! Plus, mocktails and appetizers! Come enjoy laughs, friendly competition, and neighborly fun you never know where your Bingo card will end up!

Monday, March 24th

12:30 pm - 1:30 pm

LUCKY TO BE NEIGHBORS

SPONSORED BY



BULLHEAD CITY
SENIOR ENRICHMENT CENTER
2275 TRANE ROAD
BULLHEAD CITY, AZ



SHAMROCK & BUNNY SOCIAL

**FRIDAY, MARCH 27
NOON - 1:30PM**

**HOP ON OVER FOR A LUCKY GOOD TIME!
THIS PLAYFUL SPRING CELEBRATION
BLENDS THE FUN OF ST. PATRICK'S DAY
WITH THE SWEETNESS OF EASTER!
THINK SHAMROCKS, BUNNIES, AND
SMILES ALL AROUND. ENJOY FESTIVE
TREATS, CHEERFUL DECORATIONS, AND
PLENTY OF LAUGHTER AS WE MIX A
LITTLE IRISH LUCK WITH A WHOLE LOT
OF SPRINGTIME FUN.**

**WEAR YOUR GREEN, GRAB YOUR BUNNY
EARS, AND GET READY TO HOP, GIGGLE,
AND CELEBRATE WITH FRIENDS!**

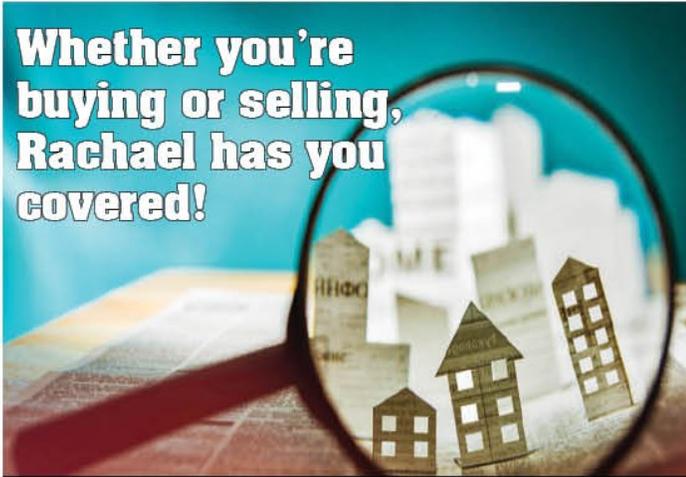
**DON'T MISS OUR EASTER EGG HUNT
WITH A TWIST! FOLLOW THE MAP,
COLLECT THE EGGS, AND KEEP AN EYE
OUT FOR THE GOLDEN COIN.
FIVE LUCKY WINNERS WHO FIND ONE
WILL TAKE HOME A SPECIAL PRIZE!**

SPONSORED

BY:

TWN
Communications

Whether you're buying or selling, Rachael has you covered!



Rachael Bega

REALTOR®

(928)444-2689

rachaelbega@yahoo.com



2580 H CHWAY 95, SUITE 211 • BULLHEAD CITY, AZ 86442

LET'S TALK ABOUT AVAILABLE OPTIONS!

**IS YOUR CURRENT MEDICARE PLAN STILL THE RIGHT FIT FOR YOUR NEEDS?
DO YOU HAVE QUESTIONS?**

Learn from your local trusted Medicare Agent
Jackie Frazier



Licensed Insurance Agent

jfrazier7031@gmail.com

702-219-4217

3680 S Maryland Pkwy
Suite #402 Las Vegas
NV 89169

SBI BENEFITS

I can help you with a **NO COST** Medicare consultation/review to further discuss your needs and help you find a plan that's a good fit for you.

702-219-4217

Calling the number above will direct you to a licensed sales agent. Not affiliated with or endorsed by Government or Federal Medicare Program. SBI Benefits is an independent insurance Agency.



GIVE. MAKE & TAKE

**ST. PATRICK'S DAY
COOKIES**

Wed. March 11 1pm-3pm

**Senior Enrichment Center
2275 Trane Rd, Bullhead City**



SPONSORED BY:



Canyon

Home Care & Hospice®



HAPPY BIRTHDAY

Join us for the Birthday Month Celebration

March 1

Coutts, Licona
Racine, Roger
Gonzales, Johnny
Anderson, Cynthia
Shafer, Susan

March 2

Horton, Shelby
Arnold, Elizabeth
Laud, Larry
Sullivan, Arthur
Knutson, Kid

March 3

Mundt, Carol
Bennett, Stephen
Nikolai, Jane
Dunchock, Nancy
Helke, Jeff
Bianchini, Maureen
Lopez, Fernando
Barkell, Michael
Washburn, Debra
Jolly, Leann

March 4

Riedel, Hilde
Schlachter, Margilee
Fritzler, Lorraine
Omatsu, Diane
Kachelmier, BK

March 4

Miller, Greg
Temple, Tommy

March 5

Delarosa, Elva
Loveland, Vern
Stone, Tomasita
Howard, Cheryl

March 6

Lee, Mimi
Prouly, Judith
Deluca, Patrick
Thompson, Robert
Herbick, Robin
Linder, Celia
Olguin, Jill
Downing, DonaLee
Wagner, Steve
Parsons, Ray
Hassett, Julie
Martinez, Erlinda
Hughes, Connie

March 7

Cantrell, Julieann
Kleine, Dallas
Bernhardt, Antje
Brader, Steven

March 8

Lancelot, Lance
Carroll, Susan
Ayres, Joyce
Wolosuk, Sandy
Pooley, Philip
Wilson, Dorothy
Jeffrey, Susan
Brown, Karen
Graham, Norma

March 9

Kline, Joyce
Tevebaugh, Ruthie
Ramage, Roxie
Moran, Patrick
Mathers, Dan
Arensburg, Richard
Geiger, Peggy

March 10

Fleek, Doris
Bell, Linda
Barnes, Fleeta
Burch, Marleen
Stockwell, Jackie
Williams, Robert
Ressegger, David
McNair, Michelle
Gomez, Steven
Gomez, Rudy
Adams, Wendy

March 11

Williams, Paulette
Gaynor, Pearl
Thornberry, Cynthia

March 12

Di Giamarino, Dominic
Sexton, Diane
Thompson, Laurie
Price, Robert
Slaughter, Karen

March 13

Blake, Jim
Houfburg, Robert
Christopherson, Patricia
Fontes Hamby, Paula
Donley, Wendy
Tomkiewicz, Faith
Booker, JoBeth
Anderson, Jason

March 14

McGrane, Susan
Hammond, Evelyn
Fix, Pamela
Biss, Jo Ann
Gonzalez, Ramiro
Kakala, Linda
Delia, Leona
Foreman, Randy
Calderon, Mary
Cuellar, Elizabeth
Courtney, Gail
Cragg, Douglas

March 15

Adams, Donna
Tollefson, Judi
Bruno, Salvatore
Garcia, Donna
Buchner, Susan
Temple, Rita
Mabry, Rochelle

March 16

House, Paul
Weiher, Linda
Wilson, Wayne
Meik, Steven
Larkin, Kathleen
Porter, Jay

March 17

Brown, Linda
Stern, Cindy
House, Pat
Richards, Carol
Hernandez, Patrick
Lewis, Julie
Gordon, Bob

March 18

Budo, Michiko
Brown, Bonnie
Amico, Barbara
Brey, Cindy
Russell, Dawn
Saldana, Linda
Whiteside, Danny
Dubiel, Kathryn
Barragon, Bill



Jessee Martinez, Sales Director
(928) 763-1212
jmartinez@watermarkcommunities.com



March 19

Healey, Bob
Wilhelmsen, Stanley
Nutbourne, Mary
Torrey, Tim
Skinner, Debora
McMahan, Diane
Provencio, Darla jo

March 20

Hayden, Helen
Timms, Gary
Aikisson, Gayle
Taylor, Deb
Fenwick, Betty
Nino-Quinn, Norma

March 21

Berman, Joanne
Molina, Matilde
Hornbeck, Sherry
Fields, Don
Tracy, Nicole

March 22

Rose, Sara
Addis, Mary
Masters, Rosemary
DeWinter, Carol
St. John, Ronnie
Guettler, Tonia

March 23

Torrey, Kerri
Pryor, Marty
Adams, Susan

March 24

Curtis, Sally
Slenker, Kathy

March 25

Ledford, Allen
Krupp, Carolyn
Presley, Rebecca
Fry, Mary
Reindl, Sherryl
Jaeger, Trisha "T"
Akin, Meleah
Scott, Gerald
Haile, Cynthia
Ryan, Margaret

March 26

Juno, Phyllis
Pankopf, Janet
Weaver, Penny
Robinson, Dawn
Guerrero, Mona
Merryman, Jim
Quehrn, Gordon
Whitfield, Bonnie
Juhlin, Victoria 3
Callison, Charles

March 27

Beniche, Mary
Blonstein, Paul
Damron, Howard
Altomare, Catherine

March 28

Brady, Michael
Koenig, Jerome
Bennett, Linda
Stedham, Peggy
Pitts, Donald

March 29

Collier, Bill
Justus, Melba
Tatro, Richard
Marcotte, Ronald
Thomas, Mary
Reed, Alan

March 30

Cavallucci, Lucy
Cavallucci, Fred
Myers, Jeffrey
Kelly, Chris
Gass, Loree
Delacruz Martinez, J.D.
Young, Tommy

March 31

Mausser, Margret
Cobb, Donna
Felsner, Grace
Sloan-Manning, Helen
Eirhart, Gary
Juengling, Dorene
Merryman, Marla
Gabrielson, Michael



**The Birthday Month Celebration is for all
Seniors 50+ at Senior Enrichment Center located at
2275 Trane Road, Bullhead City**

Tue, March 17th starting at 12:30

Sponsored by Joshua Springs Senior Living



We Buy Cars, Trucks & RVs PAID FOR OR NOT!

We Will Even Come To You!

SWANTY'S OF BULLHEAD CITY

928.704.2222



FREE MINI HEALTH CLINIC

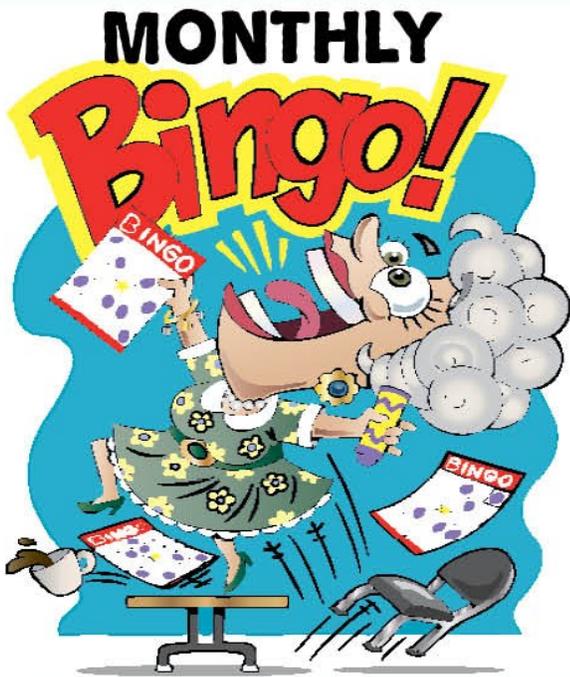


CLINIC DATE
APRIL 9TH
11AM to 1PM (AZ Time)
LOCATED INSIDE SENIOR ENRICHMENT CENTER AT
2275 TRANE RD, BULLHEAD CITY

- **MEMORY SCREENING**
To test for early signs of Dementia or Alzheimer's
- **HEIGHT & WEIGHT MONITORING**
Weight Loss/Diabetic and Nutrition Counseling
- **BLOOD PRESSURE CHECKS**
- **RESOURCES & REFERRALS**

CALL TODAY AND RESERVE YOUR SPACE
(928) 763-0193
LIMITED TO 6 SPOTS PER CLINIC.

Tests provided are not diagnoses and for informational purposes to be reviewed by your primary physician.



March 19

12:30 P.M. - 2:00 P.M.

INSIDE
BULLHEAD CITY'S
SENIOR
ENRICHMENT CENTER
2275 TRANE RD

SPONSORED BY

KARO TNGRIAN



Independent Insurance Broker
Medicare Advantage • Medicare Supplement
Part D • Dental & Vision • Critical Care

702-624-3161
TNGMEDICARE.COM



**THURSDAY
MARCH 5 &
MARCH 26**

NOON-1PM



**BULLHEAD CITY
SENIOR ENRICHMENT
CENTER
2275 TRANE ROAD
BULLHEAD CITY, AZ**

SPONSORED BY



MOHAVE ELECTRIC COOPERATIVE HAM CONTEST

**100 Spiral Hams will be given away to
100 lucky MEC Members**

March 2 - 23:

Fill out the #HopHop QR code form below.
ONE ENTRY per member-household.

Winners:

Will be notified March 25 -26

Pick Up:

Tuesday, March 31
3pm - 5pm only!

Location provided once winners are announced



Rules/Disclaimer:

No purchase necessary. Must be an MEC Member. One entry per member- household. MEC employees and their spouses/partners are not eligible. 100 entries will be drawn via electronic randomizer. Winners must provide proof of membership when notified. Winners must pick up their ham at said place, date, and time or forfeit their ham. Prizes are non-transferable and have no cash value. MEC is not responsible for any lost, misdirected, or incomplete entries. MEC reserves the right to modify or cancel this giveaway at any time. Meta (FB & IG) is not sponsoring the giveaway.

MEC IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER

2026

TRIVIA

Sponsored by

**Join us on
Wednesday,
March 25, 2026
at Noon.**



Have Fun & WIN PRIZES!

**Bullhead Senior Enrichment Center
2275 Trane Rd. Bullhead City, Arizona**



BETTER INTERNET. BETTER LIFE.

Fiber Internet
Plans Starting at \$49.95*
Speeds up to 2* Gbps
No Term Commitments
Unlimited Data

*Discounts
available for
55+ and
Mohave Electric
Co-op Members†*



SIGN UP TODAY!

888.227.2095 | twncomm.com/mohave

*Services provided by TWN Communications. Not available in all areas. Restrictions, terms and conditions apply. Taxes, regulatory, surcharges and other charges are applicable. Rates are subject to change. Call for details or visit twncomm.com/terms-conditions for additional information and terms and conditions of services. Residential customers on qualifying internet plans will receive download speeds up to 2.0 Gbps, per respective plan. A 30-day notice is required to cancel service. †Promotional discounts applicable to fiber residential internet service only. Up to \$12 max savings. \$5 MEC member discount may be combined with \$2 autopay discount, and only one additional \$5 discount, either \$5 active military or \$5 senior discount. Active military and senior discounts may not be stacked together. Proof of eligibility required. Only one autopay discount applicable per customer. MEC SeniorCenter 8.5x11 Q1 2026.pdf



SILVER CREEK

Leisure Living - Assisted Living

A great place to call home...



Beautiful
Common
Areas

Studio &
1 Bedroom
Units



Restaurant
Style Dining

- Nurse and Medical Supervision
- State-Certified Caregivers Available 24/7
- Restaurant-Style Dining
Three Daily Meals & Snacks
- Transportation
Local Doctors & Shopping
- Studio & 1-Bedroom Units
- Beautifully Decorated Common Areas
- Landscaped Outdoor Areas Walking Paths
- Housekeeping & Linen Services
- Emergency Call System
- ALTCS Accepted

1670 Highway 95

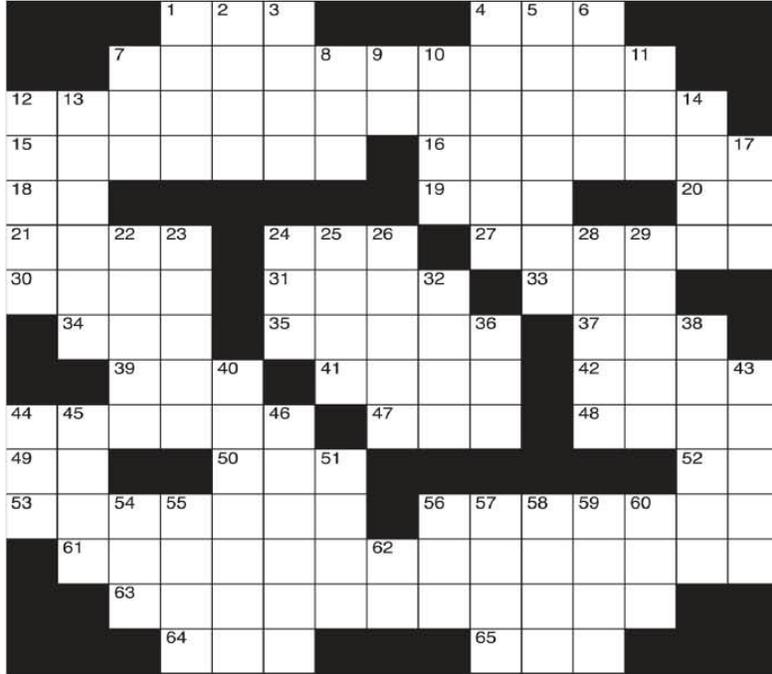
Bullhead City, AZ 86442

928-704-7000

silvercreekll@frontiernet.net

www.silvercreekassistedliving.com

CROSSWORD



CLUES ACROSS

- | | |
|--|--|
| 1. Blockchain-based entity | 39. Someone who is morally reprehensible |
| 4. A woolen cap of Scottish origin | 41. Ancient Syrian city |
| 7. Painted with glue | 42. Mild yellow Dutch cheese made in balls |
| 12. Legendary crooner | 44. Carry (slang) |
| 15. Structure made with strips of wood | 47. Sweet potato |
| 16. Tropical fruits | 48. European river |
| 18. Commercial | 49. The Golden State |
| 19. Comedienne Gastereyer | 50. Windy City ballplayer |
| 20. The Ocean State | 52. New Testament |
| 21. Ancient Scot | 53. Possess spiritually |
| 24. Basics | 56. A treeless grassy plain |
| 27. Stated propositions | 61. Popular historical novel |
| 30. Scottish island group | 63. In a law-abiding way |
| 31. Expression of annoyance | 64. A place to sleep |
| 33. Large tree | 65. Criticize |
| 34. Engine additive | |
| 35. Conspiracy | |
| 37. Drunkard | |

CLUES DOWN

1. Impression in a surface
2. Computer language
3. Relating to the ear
4. Occupant
5. Member of Great Plains people
6. Social media firm
7. Digital audiotape
8. Midway between east and southeast
9. Chronic, progressive disease
10. Chinese lute
11. Not wet
12. Moves wings up and down
13. Communication devices
14. Swiss river
17. Female sibling
22. Receive
23. Relating to a type
24. General's assistant (abbr.)
25. Steep bank
26. Taxi driver
28. Moves into without difficulty
29. Bicycle manufacturer
32. Traditional rhythmic pattern
36. Fugitives are on it
38. Bitter-tasting organic substance
40. Die
43. Matched
44. Literary genre ___-fi
45. Cannot
46. Pounded
51. British rock group
54. Debt relief order
55. 2006 NL Cy Young winner
56. Green vegetable
57. Tough outer skin of fruit
58. ___ Spumante (Italian wine)
59. Ailments
60. Famed singer Charles
62. Camper



Breakfast

8:30 a.m. to 10:30 a.m.

Your choice of:

Beverage Only:

Coffee, Tea or Juice only \$1 per person or Continental Breakfast

& Beverage
only \$2 per person



All food must be eaten in the building. No food is allowed to be taken outside the Senior Enrichment Center building. Drink refills are free.

Bullhead City's
Senior Enrichment Center
2275 Trane Rd.
Bullhead City, Arizona

Angel's ESSENTIAL ROOM



Donations by Seniors for Seniors

Durable medical equipment
received by donation
and donated
to seniors in need.

Open Monday - Friday
10 a.m. to 1 p.m.
or by appointment
(928) 763-0193



2275 Trane Road
Bullhead City AZ, 86442

ALL THE ANSWERS YOU SEEK...

5	9	1	4	6	8	7	2	3
8	3	7	5	9	2	6	1	4
2	6	4	3	1	7	8	5	9
4	2	5	1	3	6	9	7	8
6	7	9	8	5	4	1	3	2
3	1	8	2	7	9	4	6	5
9	5	3	7	8	1	2	4	6
7	4	6	9	2	5	3	8	1
1	8	2	6	4	3	5	9	7

5	8	9	3	2	1	6	4	7
7	2	1	6	9	4	8	5	3
6	4	3	5	7	8	2	9	1
3	6	2	9	5	7	1	8	4
1	7	8	4	3	6	9	2	5
9	5	4	1	8	2	3	7	6
2	9	5	7	6	3	4	1	8
4	3	7	8	1	9	5	6	2
8	1	6	2	4	5	7	3	9

			D	A	O			T	A	M					
			D	I	S	T	E	M	P	E	R	E	D		
F	R	A	N	C	I	S	S	I	N	A	T	R	A		
L	A	T	T	I	C	E		P	A	P	A	Y	A	S	
A	D							A	N	A			R	I	
P	I	C	T			A	B	C		T	H	E	S	E	S
S	O	A	Y			D	R	A	T		O	A	K		
	S	T	P			C	A	B	A	L		S	O	T	
		C	A	D		E	B	L	A		E	D	A	M	
S	C	H	L	E	P		Y	A	M		S	A	N	A	
C	A					C	U	B						N	T
I	N	D	W	E	L	L			P	R	A	I	R	I	E
	T	R	E	A	S	U	R	E	I	S	L	A	N	D	
			O	B	S	E	R	V	A	N	T	L	Y		
				B	E	D				D	I	S			



I	T	E	S	P	Z	Y	L	S	N	R	V	N	T	T	G	Y	H	L	D
A	C	I	I	W	E	C	N	A	N	E	T	N	I	A	M	U	I	G	E
S	T	M	G	R	D	R	A	G	B	S	A	N	I	T	I	Z	E	Z	O
P	U	W	N	X	T	E	S	C	C	E	X	X	D	W	N	W	I	M	M
P	E	R	I	Z	F	A	E	T	U	V	L	E	L	M	G	N	X	X	D
G	D	Y	B	M	R	R	D	P	G	X	T	I	E	M	A	C	X	Y	P
N	B	Z	B	F	E	V	E	I	C	O	D	G	N	G	X	A	P	Z	D
I	D	G	U	G	S	E	D	N	X	L	A	U	R	G	C	R	H	I	M
T	S	C	U	R	Z	H	L	A	I	E	R	E	O	A	S	D	V	S	S
S	U	A	Y	C	W	O	I	F	D	O	W	D	A	B	Z	P	I	I	N
S	U	A	A	S	L	T	Y	F	T	W	B	A	M	N	O	N	L	O	D
D	R	T	I	C	U	B	S	U	U	U	N	L	L	F	A	I	M	M	R
E	X	G	V	R	I	T	E	D	E	P	E	I	E	M	T	O	U	U	P
Z	T	A	I	C	I	I	T	B	T	P	S	C	I	A	P	R	I	U	P
H	O	M	E	E	D	N	Z	E	F	H	T	N	N	P	R	P	W	C	A
P	Z	V	A	W	G	M	G	R	R	T	I	O	I	I	H	H	Z	A	L
S	O	R	T	I	N	G	M	F	D	M	D	N	T	I	Z	G	I	V	B
L	A	Z	E	R	R	W	V	F	P	O	G	A	N	T	G	T	I	P	L
S	T	S	L	T	H	Z	P	E	Y	G	N	I	L	C	Y	C	E	R	A
V	F	S	I	E	C	F	L	Y	G	E	E	X	Y	R	D	N	U	A	L



Golf Rates:

- 9 Holes \$25pp + Cart \$5
- 18 Holes \$30pp + Cart \$10
(Plus Tax)

WE'RE OPEN FOR BUSINESS



**Daily Lunch Specials
11am-3pm**

**Thursday Home Cooking
5pm-7pm \$15.00**

**Friday Fish Fry
5pm-7pm \$16.50**

**New • Affordable • Open to the Public
Municipal Golf Course, Restaurant & Lounge**

Follow us on Facebook!

Chaparralgolfbhc.com