



MONTHLY MENU

JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Lemon Pepper Chicken Mashed Potatoes Mixed Veggies	2 Chicken Cordon Bleu Potato Wedges Mixed Veggies	3 Chicken & Dumplings Peas & Carrots Cobbler	4 Chicken Fajitas w/ Peppers and Onions Spanish Rice Cinnamon Apples	5 Spaghetti & Meatballs Roll Cobbler
8 Salisbury Steak w/Gravy Rice Pilaf Green Beans	9 Cobb Salad Dressing Roll	10 Vegetable Lasagna Dinner Roll Broccoli	11 Sweet & Sour Chicken W/Rice Mixed Veggies Roll	12 Chicken Enchilada Mixed Veggies Rice
15 Meatloaf w/ Gravy Mac & Cheese Veggies	16 Denver Omelet Breakfast Potatoes Pork Sausage	17 Stuffed Cabbage Corn Cobbler	18 Sweet & Sour Meatballs Pasta & Carrots	19 CLOSED 
22 Pulled BBQ Pork Baked Beans Cobbler	23 Chicken Cordon Bleu Potato Wedges Mixed Veggies	24 Lemon Pepper Chicken Mashed Potatoes Carrots	25 Salisbury Steak w/ Gravy Mashed Potatoes Green Beans	26 Spaghetti & Meatballs Roll Cobbler
29 Salisbury Steak w/Gravy Rice Pilaf Green Beans	30 Swedish Meatballs Pasta Corn			

1% milk and fruit are included with each meal. A donation of \$3.00 is requested for each meal. **Meals are prepared by WARMC. Meal costs partially funded by: WACOG & United Healthcare.**



Menu is subject to change. Senior Nutrition Center is located at 2275 Trane Rd, Bullhead City. Congregate lunch is served Monday through Friday 11:30 am - 12:30 am to those 60+ or with a disability. Meals on Wheels clients: please call the nutrition center when you will not be home for your meal delivery (928) 763-0193.