



SENIOR ENRICHMENT CENTER RESOURCE GUIDE

Local resources for the Bullhead City/
Fort Mohave/Mohave Valley Area



JUNE 2025-2026



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HEALTH CARE & WELLNESS

Primary Care

Blue River Health and Wellness

1520 Hammer Lane,
Fort Mohave, AZ 86426
(928) 577-2727
<https://blueriverhw.com/>

Ivy Health Primary Care

2135 AZ-95 Suite 135
Bullhead City, AZ 86442
(928) 218-3493

North Country Health Care

2585 Miracle Mile Ste 116
Bullhead City, AZ 86442
(928) 704-1221

Optima Medical

2500 Canyon Rd Building A1
Bullhead City, AZ 86442
(928) 704-4499

Valley View Medical Group

3641 AZ-95
Bullhead City, AZ 86442
(928) 758-2273

Western Arizona Family Practice

2500 Canyon Rd #2
Bullhead City, AZ 86442
(928) 763-9290

Specialty Doctors

Audiologist

Colorado River Hearing Centers

1370 Ramar Rd A
Bullhead City, AZ 86442
(928) 763-1973

Miracle-Ear Hearing Aid Center

1155 E Hancock Ste 2
Bullhead City, AZ 86442
(928) 366-5247

Valley View Medical Center: Ears, Nose & Throat

5300 S Hwy 95 Suite B
Fort Mohave, AZ 86426
(928) 788-3649

HEALTH CARE & WELLNESS

Specialty Doctors

Cardiologist

Compassionate Cardiology

3003 S Hwy 95 # 102
Fort Mohave, AZ 86426
(928) 299-2660
www.compassionatecardiology.com/

Lakeside Heart & Vascular Center

2020 Silver Creek Rd # A103,
Bullhead City, AZ 86442
(928) 299-5333

Southwest Cardiovascular Associates

7906, 1648 AZ-95
Bullhead City, AZ 86442
(928) 758-4114

Western Arizona Interventional Cardiology Group

2755 Silver Creek Rd #217,
Bullhead City, AZ 86442
(928) 704-6070

Dermatologists

Arizona Desert Dermatology

3015 AZ-95 Bldg S,
Bullhead City, AZ 86442
(928) 758-8885
<https://azdderm.com/>

Frontier Skin and Cancer

1520 Hammer Ln ste 102,
Fort Mohave, AZ 86426
(928) 963-9191
www.frontierskinandcancer.com/

Skin and Cancer Institute

2580 AZ-95 STE 224,
Bullhead City, AZ 86442
(928) 514-2231

Thomas Dermatology

2350 Miracle Mile #600A,
Bullhead City, AZ 86442
(928) 377-4540
www.thomasderm.com/



HEALTH CARE & WELLNESS

Specialty Doctors

Neurologist

Tri-State Neurological & Sleep Disorder Center

3015 AZ-95 # 109,
Bullhead City, AZ 86442
(928) 763-5055
www.tsneurology.com

Valley View Medical Center

5330 S Hwy 95,
Fort Mohave, AZ 86426
(928) 788-2273

Southwest Oncology Centers

2755 Silver Creek Rd #115,
Bullhead City, AZ 86442
(928) 514-2222
www.swoncologycenters.com

Valley View Medical Center: Oncologists

5330 S Hwy 95,
Fort Mohave, AZ 86426
(928) 788-2273

Oncologists

Mohtaseb Cancer Center & Blood Disorders

3003 AZ-95 # G73,
Bullhead City, AZ 86442
(928) 219-4506
www.azcancerandblood.com

Phoenix Skin Cancer Clinic

1225 Hancock Rd STE 105,
Bullhead City, AZ 86442
(928) 378-8588
<https://phoenixcancer.com>

Ophthalmologists (Eyes)

Colorado River Eye Care

2840 AZ-95 #108
Bullhead City, AZ 86442
(928) 758-2020
www.coloradorivereyecare.com

Mohave Eye Center

3003 AZ-95 #11,
Bullhead City, AZ 86442
(928) 605-4270



HEALTH CARE & WELLNESS

Specialty Doctors

Ophthalmologists (Eyes)

Nationwide Vision

2840 AZ-95
Bullhead City, AZ 86442
(928) 704-1808

Western Medical Eye Center

1800 AZ-95
Bullhead City, AZ 86442
(928) 763-4333
www.westernmedicaleyecenter.com

Orthopedic

Lakeside Health

2440 Adobe Rd Ste 101-102,
Bullhead City, AZ 86442
(928) 505-5555

Tri-State Orthopedic Institute

2000 AZ-95 suite 200
Bullhead City, AZ 86442
(928) 758-1175
www.drrobertlock.com

Valley View Medical Center: Orthopedic Department

5330 S Hwy 95
Fort Mohave, AZ 86426
(928) 788-2273

Western Arizona Regional Center: Orthopedic Department

2735 Silver Creek Rd
Bullhead City, AZ 86442
(928) 763-2273

Western Orthopedics & Sports Medicine

2500 Canyon Rd bldg c unit 2,
Bullhead City, AZ 86442
(928) 444-1491

HEALTH CARE & WELLNESS

Specialty Doctors

Pain Management Specialists

Silver Creek Medical Associates

2767 Silver Creek Rd suite a,
Bullhead City, AZ 86442
(928) 704-6741
<https://silvercreekpaincenter.com>

Tri-State Pain Institute

1510 Wagon Wheel Ln #110
Fort Mohave, AZ 86426
(928) 788-3333
www.tspain.com

Podiatrists

Palo Verde Foot & Ankle

3003 AZ-95 # 41
Bullhead City, AZ 86442
(928) 758-3338
<https://paloverdefootandankle.com>

Valley View Medical Center

5330 S Hwy 95
Fort Mohave, AZ 86426
(928) 788-2273

Western Arizona Regional Center

2735 Silver Creek Rd
Bullhead City, AZ 86442
(928) 763-2273

Pulmonologists

Pulmonology Group LLC

3003 AZ-95 Suite D-51
Bullhead City, AZ 86442
(928) 299-5299
www.pulmonologylasvegas.com

Trinity Allergy Asthma

1971 AZ-95 A
Bullhead City, AZ 86442
(928) 758-6200
www.trinityallergy.com

Vista Health Pulmonology

1526 Turquoise Rd
Bullhead City, AZ 86442
(928) 237-4418

Rheumatologists

Mohave Arthritis Associates

3003 AZ-95 # 100
Bullhead City, AZ 86442
(928) 704-5400

HEALTH CARE & WELLNESS

Specialty Doctors

Chiropractors

Barnard Chiropractic

2440 AZ-95 Suite A
Bullhead City, AZ 86442
(928) 704-2225
<https://barnardchiropractic.net>

Hagan Chiropractic

1738 AZ-95
Bullhead City, AZ 86442
(928) 299-2260
www.haganchiropractic.com

Hayes Chiropractic

859 Hancock Rd
Bullhead City, AZ 86442
(928) 234-2264

Longer Chiropractic

3712 AZ-95 #8
Bullhead City, AZ 86442
(928) 763-9333
www.longnerchiropractic.com

Polly's Chiropractic

5810 S Hwy 95 #2
Fort Mohave, AZ 86426
(928) 768-1122

Stout Wellness Center

5130 AZ-95
Fort Mohave, AZ 86426
(928) 768-2811

Total Health Clinic of Chiropractic

2275 Miracle Mile
Bullhead City, AZ 86442
(928) 758-4101
thsofchropractic@gmail.com
www.thcofchiro.com



HEALTH CARE & WELLNESS

Urgent Care

Bullhead City Urgent care

1355 Ramar Rd # 11
Bullhead City, AZ 86442
(928) 704-9202
<https://bullheadurgentcare.com>

Mohave Walk In care

3735 AZ-95
Bullhead City, AZ 86442
(928) 444-1444

Northwest Urgent Care

3699 AZ-95 Suite 500
Bullhead City, AZ 86442
(928) 278-6211

Urgent Care (Family Medicine)

3706 AZ-95 #101
Bullhead City, AZ 86442
(928) 201-9286

Wound care

Valley View Wound Care & Hyperbaric Center

1520 Hammer Ln Suite 105
Fort Mohave, AZ 86426
(928) 788-3640

Western Arizona Wound Care

1611 E Marble Canyon Drive
Bullhead City, AZ 86442
(928) 444-1454

Labs

LabCorp

2580 AZ-95 STE 216
Bullhead City, AZ 86442
(928) 763-8272

Maggie's Lab Cab (Mobile Lab)

(928) 453-2011
Maggielabcab20@gmail.com
www.maggieslabcab.com

Mohave Environmental Lab

2580 Landon Drive #A
Bullhead City, AZ 86429
(928) 754-8101

Sonora Quest Laboratories

3003 Highway 95, #H #81
Bullhead City, AZ 86442
(928) 704-7680

WARMC Outpatient Imaging

1245 Hancock Rd
Bullhead City, AZ 86442
(928) 704-8889

Western Arizona Regional Medical Center

2735 Silver Creek Rd
Bullhead City, AZ 86442
(928) 763-2273

HEALTH CARE & WELLNESS

Home Health Care/Hospice

Always Better Care

3665 South Pointe, Suite 116
Laughlin, NV 89029 (Serves BHC)
(702) 298-0555

Arizona Life Hospice

5225 AZ-95 St. 7
Fort Mohave, AZ 86426
(928) 278-7691
www.arizonalifehospice.com

Beacon of Hope Hospice

3550 North Ln #86442
Bullhead City, AZ 86442
(928) 444-8122
www.bohhospice.org

Billet Home Health and Hospice

1954 AZ-95,
Bullhead City, AZ 86442
(833) 224-5538
www.billetehealth.com

Compassus Hospice

2755 Silver Creek Rd #211,
Bullhead City, AZ 86442
(928) 238-2574
www.compassus.com

Canyon Home Care & Health

2031 AZ-95
Bullhead City, AZ 86442
(928) 605-4009
hwww.canyonhomecare.com

Family Care Home Health & Hospice

2440 Adobe Rd Suite 106/107
Bullhead City, AZ 86442
(928) 299-5100
www.familycarehha.com

Hospice of Havasu

2440 Adobe Rd Suite 106/107
Bullhead City, AZ 86442
(928) 299-5100
www.familycarehha.com

Living Waters

3711 AZ-68 Building A
Golden Valley, AZ 86413
(928) 565-9000

River Valley Home Health & Hospice

2649 AZ-95 Suite G &H,
Bullhead City, AZ 86442
(928) 683-4041
<https://rvhhh.com>

Serenity Hospice & Home Health

5059 Lakewood Rd Building B
Fort Mohave, AZ 86426
(928) 788-0027
<https://serenityhhh.com>

Valley View Home Health

2020 Silver Creek Rd Suite 114
Building A, Bullhead City, AZ 86442
(928) 788-4140

HEALTH CARE & WELLNESS

Pharmacy

CVS Pharmacy

2350 Miracle Mile
Bullhead City, AZ 86442
(928) 758-2212
4744 S Hwy 95
Fort Mohave, AZ 86426
(928) 763-6822
www.cvs.com/pharmacy/online

Riverside Pharmacy

2410 AZ-95
Bullhead City, AZ 86442
(928) 219-4700
www.riversidepharmacy.net

Safeway Food and Drug

1751 AZ-95
Bullhead City, AZ 86442
(928) 763-1888
4823 AZ-95
Fort Mohave, AZ 86426
(928) 704-4433
www.safeway.com/pharmacy.html

Sam's Club Pharmacy

600 AZ-95
Bullhead City, AZ 86429
(928) 754-3961
www.samsclub.com/local/pharmacy

Smiths Pharmacy

1775 Lakeside Dr
Bullhead City, AZ 86442
(928) 763-8777
4747 AZ-95
Fort Mohave, AZ 86426
(928) 251-7045
www.smithsfoodanddrug.com/health/pharmacy

Target (CVS Pharmacy)

3699 AZ-95
Bullhead City, AZ 86442
(928) 704-5064
www.cvs.com/pharmacy/online

Walgreens

2360 AZ-95
Bullhead City, AZ 86442
(928) 763-5858
www.walgreens.com



HEALTH CARE & WELLNESS

Pharmacy

Walmart Pharmacy

2840 US-95
Bullhead City, AZ 86442
(928) 758-3447
5210 S Hwy 95
Fort Mohave, AZ 86426
(928) 768-9022
www.walmart.com/cp/pharmacy/5431

Northern Arizona Physical Therapy Associates

3003 AZ-95 #61
Bullhead City, AZ 86442
(928) 440-6880
<https://nazpta.com>

Paragon Physical Therapy

2585 Miracle Mile
Bullhead City, AZ 86442
(928) 444-8168
www.paragonptandrehab.com

Physical Therapy

Bullhead Physical Therapy

2755 Silver Creek Rd Suite # 133
Bullhead City, AZ 86442
(928) 704-2194
<https://bullheadphysicaltherapy.com>

Valley View Medical Center Inpatient Rehabilitation Center

5300 S Hwy 95,
Fort Mohave, AZ 86426
(928) 788-2273
www.valleyviewmedicalcenter.net

FYZICAL Therapy & Balance

3782 AZ-95 #2
Bullhead City, AZ 86442
(928) 763-0807
<https://www.fyzical.com/bullheadcity>

Western Arizona Regional Outpatient Rehabilitation Services

2020 Silver Creek Rd Suite 120
Bullhead City, AZ 86442
(928) 763-0252

HEALTH CARE & WELLNESS

Mobility Aids -DME

Angels Essential Area

Medically Donated items are re-gifted to seniors in need.
Open Tues 10-1 @ Senior Enrichment Center 2275 Trane

Anything Medical

2350 Miracle Mile #230B
Bullhead City, AZ 86442
(928) 763-5959

Hanger Clinic (orthotics & prosthetics)

1954 AZ-95
Bullhead City, AZ 86442
(833) 224-5538
www.billethealth.com

UNKL AI's Mobility Center

540 Hancock Rd,
Bullhead City, AZ 86442
(928) 704-8655

Fitness Programs

Bullhead Health Club

2350 Miracle Mile #370,
Bullhead City, AZ 86442
(928) 704-4610

Mad Dog Fitness

2250 AZ-95 #336
Bullhead City, AZ 86442
(928) 704-7717
www.maddogfitnessclub.com

Planet Fitness

1568 Marina Blvd
Bullhead City, AZ 86442
(928) 299-5074
www.planetfitness.com/gyms/bullhead-city-az

Senior Enrichment Center

FREE Classes: Weekly Zumba, Essentrics (aging Backwards), Relaxation and Mindfulness Exercise, Bingocize and more .



HEALTH CARE & WELLNESS

Insurance Resources

Empress Insurance Agency

Medicare products, disability, life insurance, final expenses, annuities, estate planning

Elizabeth Peraza

(702) 886-2287

empressinsuranceusa@gmail.com

Humana

Medicare Advantage Plans, Medicare supplements, Life, Dental, Vision

Suzette Roberts

(928) 234-7742

suzetteazmedicare@gmail.com

MAPNA Medicare Insurance & Medicare Advantage Plans

Gary Shapiro

(928) 763- 4360

TSFC2065@yahoo.com

Medicaid/Arizona Health Care Cost Containment System (AHCCCS)

Check Your eligibility at (928)

704-7776

SBI Insurance Senior Benefits

Jackie Frazier

(702) 219-4217

jfrazier7031@gmail.com

Lorena Renteria

(702) 858-2707

Senior Health Benefits

Medicare, Life, Health

Jamie Hindley

(702) 483-7099

jamie@jamiehindley.com

www.ItsMyMedicare.com

State Health Insurance

S.H.I.P Coordinator

FREE Non-Biased choices offered

Dale Gibbons

(928) 377-4364

www.shiphelp.org

MENTAL HEALTH SUPPORT

Hotlines

Adult Protective Services

(877) 767-2385

Alcoholics Anonymous

(800) 864-1606

Alzheimer's Association Helpline

(800) 272-3900

American Cancer Society

(800) 227-2345

<https://www.cancer.org>

Cocaine Anonymous

(888) 395-0133

Crisis Hotline

(877) 756-4090

Diabetes Support

(928)-522-9464

Domestic Violence

(800) 799-7233

Federal Substance Abuse & Mental Health Services

(800) 662-4357

Heroin Anonymous

(833) 254-3348

National Multiple Sclerosis

(800) 344-4867

Narcotics Anonymous

(888) 495-3222

National Eating Disorder

(800) 931-2237

LGBTQ Awareness Group of Arizona

(928) 715-6985

Suicide Hotline

(800) 273-8255

MENTAL HEALTH SUPPORT

Support Groups

Alcoholics Anonymous

Alano Club

384 Marina Blvd

Bullhead City, AZ 86442

(928) 763-5105

AA River Cities Central

603 Marina Blvd

Bullhead City, AZ 86442

(800) 864-1606

Alzheimer's/Dementia Support Group

2275 Trane St.

Bullhead City, AZ 86442

Greg Miller (928) 514-9235

Email: gregmiller@powerc.net

2nd & 4th Monday of the Month

12:00 pm

Bereavement/Grief Support

Senior Enrichment Center

2275 Trane Rd.

Bullhead City, AZ 86442

Every Wednesday

1:00 pm

Co-Dependents Anonymous

1593 E. Lipan Blvd

Fort Mohave , AZ 86426

(928) 768-3092

Every Tuesday

6:00 pm

Gamblers Anonymous

2275 Trane Rd.

Bullhead City, AZ 86442

Every Wednesday

7:00 pm

NAZCARE Friends Wellness & Recovery Center

1610 Riverview Dr. Suite 9

Bullhead City, AZ 86442

(928) 758-3665

contact@nazcare.org

PAL (Parents of Addicted Loved Ones)

1746 Joy Lane

Fort Mohave, AZ 86426

Every Thursday

6:00 pm



MENTAL HEALTH SUPPORT

Counseling & Support Services

Bruce Allen Ph.D

2681 AZ-95 #100
Bullhead City, AZ 86442
(928) 763-9999
www.drballen.com

Guiding Light Psychiatry

1788 AZ-95 UNIT 22
Bullhead City, AZ 86442
(928) 404-1390
<https://guidinglightpsychiatry.net>

Infinite Prosperities

859 Hancock Road
Bullhead City, AZ 86442
(928) 763-3833 or text (928) 278-5845

Life Wire

1335 Hancock Road Suite 2
Bullhead City, AZ 86442
(951) 545-0564
<https://www.life-wire.net/>

Mohave Mental Health

1145 Marina Blvd
Bullhead City, AZ 86442
(928) 758-5905
www.mmhc-inc.org

Panacea Behavioral Health and Wellness

1611 Joy Lane Suite 101
Fort Mohave, AZ 86426
(757) 251-0879
panaceabhwc.com

Resilient Minds Psychiatry PLLC

2755 Silver Creek Rd, Bldg A, Ste 205
Bullhead City, AZ 86442
(702)-518-0137
contactus@resilientmindspllc.com

Rivyve Behavioral Health

2150 Silver Creek Rd
Bullhead City, AZ 86442
www.rivyve.com

Solutions One-Stop Counseling

2580 AZ-95 # 119
Bullhead City, AZ 86442
928-763-7776
www.sbhservices.org/bullhead-city-outpatient

Southwest Behavioral

1099 Hancock Rd # B
Bullhead City, AZ 86442
(928) 299-3698

Talas Harbor Behavioral Health Hospital

831 Landon Drive
Bullhead City, AZ 86429
(928) 404-6009

Terros Health

(602) 658-6000
www.terroshealth.org

Westcare

718 Hancock
Bullhead City, AZ 86442
(928) 763-1945

HOUSING & LIVING ARRANGEMENTS

Independent Living Communities

Adobe Highland Apartments

1618 Gold Rush Rd
Bullhead City, AZ 86442
(928) 758-7558

Bella Vita

2030 Prospector Ct
Bullhead City, AZ 86442
(888) 596-1162
www.bellavitaapts.com

Canyon Walk Apartments

2795 Desert Foothills Dr
Bullhead City, AZ 86429
(928) 754-1551
www.canyonwalkapartmenthomes.com

Desert Sun Apartments

1770 Arriba Dr
Bullhead City, AZ 86442
(928) 763-3737

Glenridge Apartments

3475 McCormick Blvd
Bullhead City, AZ 86429
(928) 754-4608
www.glenridge-apts.com

Marble Canyon Manor

1627 Mohave Valley Drive
Bullhead City, AZ 86442
(928) 763-3434

Oasis Park Apartments

125 Lee Ave
Bullhead City, AZ 86429
(928) 754-4151
<https://oasisparkapts.com>

Stone Ridge Apartments

3396 Sunriver Rd
Bullhead City, AZ 86429
(928) 754-4400
www.stoneridgebullhead.com

Silver Cliff Apartments

1570 Paseo Grande,
Bullhead City, AZ 86442
(928) 763-1555

Sunrise Apartments

320 Lee Ave
Bullhead City, AZ 86429
(332) 334-3772

Sunriver Apartments

2140 Clearwater Dr
Bullhead City, AZ 86442
(928) 763-1988
www.sunriver-apts.com



HOUSING & LIVING ARRANGEMENTS

Mobile Home, RV Parks and Resorts

Carefree Mobile Home Port

350 Lee Ave
Bullhead City, AZ 86429
(702) 829-5157
www.carefreemhp.com

Fiesta RV Resort

3190 AZ-95
Bullhead City, AZ 86442
(928) 758-7671
www.fiestarvresort.com

Moon River RV Resort

1325 Boundary Cone Rd
Mohave Valley, AZ 86440
(928) 788-6666
www.moonriverresort.com

Reserve at FoxCreek

2350 Adobe Rd
Bullhead City, AZ 86442
(928) 704-3940

Vista Del Sol RV Resort

3249 Felipe Dr
Bullhead City, AZ 86442
(928) 285-1962

River View RV Resort 55+

Community w/long term rentals

2000 Ramar Rd
Bullhead City, AZ 86442
(928) 758- 5950
administrator@riverviewrv.net
<https://riverviewrvresort.net>

Santiago Rodeo Villas

2066 E El Rodeo Rd
Fort Mohave, AZ 86426
(928) 768-7668
www.santiagocorp.com

Suns & Stars Trailer Port

1151 Riverfront Dr
Bullhead City, AZ 86442
(928) 768-5949
www.sun-n-stars.com

Avi Casino KOA Journey

10000 Aha Macav Pkwy
Laughlin, NV 89029
(702) 535-5450

Iguana Bay Resorts

2193 Riviera Blvd
Bullhead City, AZ 86442
(949) 903-8975



HOUSING & LIVING ARRANGEMENTS

Riverfront Cottages & RV Resort

375 River Glen Dr
Bullhead City, AZ 86429
(928) 404-2577

Riverview Oasis RV Park

475 Moser Ave
Bullhead City, AZ 86442
(928) 754-1755

Bullhead RV Park

1610 AZ-95
Bullhead City, AZ 86442
(928) 763- 8353

Mirage RV Resort

2196 Merrill Ave
Bullhead City, AZ 86442
(928) 754-1177

River City RV Park

2255 Merrill Ave
Bullhead City, AZ 86442
(928) 754-2121

Snowbird RV Resort

1600 Joy Ln
Fort Mohave, AZ
(928) 768-7141

Pier 95 RV Park

1621 AZ-95
Bullhead City, AZ 86442
(928) 768- 5949

Silver Creek RV Park

1515 Gold Rush Rd
Bullhead City, AZ 86442
(928) 763-2444

Silver View RV Resort

1600 Silver Creek Rd
Bullhead City, AZ 86442
(928) 763-5500

Colorado River Oasis RV Park

1641 AZ-95
Bullhead City, AZ 86442
(928) 763-4385

San Gennaro Riverfront RV Park

1691 AZ-95
Bullhead City, AZ 86442
(928) 219-4000

Don Laughlin's Riverside RV Park

1650 S Casino Dr
Laughlin, NV 89029
(800) 227-3849

HOUSING & LIVING ARRANGEMENTS

Group Homes-Care Facilities

Angels Touch Care Home

1974 Clear Lake Dr
Fort Mohave, AZ 86426
(928) 788-3990
www.angelstouchmohave.com

Arlene's In Home Care

(928) 514-1627

Silver Creek Assisted Living

1670 AZ-95
Bullhead City, AZ 86442
(928) 704-7000

Sunridge Village

839 Landon Dr,
Bullhead City, AZ 86429
(928) 754-0700
www.mysunridgevillage.com

Assisted Living Facilities

Davis Place Senior Living

2995 Desert Sky Blvd,
Bullhead City, AZ 86442
(928) 763-1212

Joshua Spring Senior Living

2943 Desert Sky Blvd,
Bullhead City, AZ 86442
(928) 763-4570
<https://davisplaceseniorliving.com>

Skilled Nursing Facility

The Legacy Rehab & Care Center

2812 Silver Creek Rd
Bullhead City, AZ 86442
(928) 763-1404
<https://thelegacyrehab.com>



HOUSING & LIVING ARRANGEMENTS

Emergency Housing Assistance

F.r.i.e.n.d.s -Recovery/Wellness

1610 Riverview Dr. Suite 9
Bullhead City, AZ 86442
(928) 758-3665
contact@nazcare.org

Legacy Foundation Christine Stamper Center For Help & Hope

1594 N Oatman Rd
Bullhead City, AZ 86442
(928) 708-7295
www.catholiccharitiesaz.org/bhc-shelter

River Fund -Temporary Housing

1343 Hancock Rd.
Bullhead City, AZ 86442
(928) 704-0039

West Care (Men's & Women's)

718 Hancock Rd.
Bullhead City, AZ 86442
(928) 763-1945

Caregiver Agencies

Abrio Care

2580 Landon Dr. Suite H
Bullhead City, AZ 86429
(928) 763-7787
<https://abriohomecare.com>

Always Better Care Home Health

2020 Silver Creek Rd
Bullhead City, AZ 86442
(928) 404-2480/(714) 749-3753

Caring Presence

(928) 848-6690
www.caringpresence.com

Comfort Keepers

4168 AZ-95 #101
Fort Mohave, AZ 86426
(928) 704-0005

Desert Heart Nursing

5225 AZ-95 Suite10
Fort Mohave, AZ 86426
(928) 577-2688
www.desertheartsnursing.com

WACOG

Western Arizona Council of
Governments
Offers free Caregiver services to
those who qualify.
Call (800) 782-1886 must leave
message for call back in 24-48 hrs

Wings of an Angel

2020 Silver Creek Rd
Bullhead City, AZ 86442
(928) 404-2480/(714) 749-3753

WESTERN ARIZONA COUNCIL OF GOVERNMENT

WACOG

The Main Office for Mohave
208 N. 4th St. Kingman, AZ 86401
(928) 753-6247

The Western Arizona Council of Governments (WACOG) delivers robust services tailored to support seniors in Mohave County, aiming to enhance their quality of life and independence. These services include nutrition programs such as congregate meal sites and home-delivered meals to ensure seniors can access healthy food. WACOG also offers transportation assistance, helping seniors reach essential appointments and social activities. Additionally, the organization provides resources for senior care and support, including information on health services, housing assistance, and emergency support. By addressing the unique needs of the elderly population, WACOG strives to foster a supportive and enriching environment for seniors in the community.

For more information visit: www.wacog.com

For specific information on caregiving resources visit:
www.caregiving.com/partner/wacog



WACOG Area Agency on Aging (AAA) serves older adults age 60 and older and family caregivers, with some services available to adults with disabilities. Through our provider network, Area Agency on Aging programs and services help these populations live with dignity, independence, and choices in their homes and communities for as long as possible.

Service Process

Accessing WACOG AAA services begins with contacting the Aging and Disability Resource Center. For most services, an intake is conducted by phone. For services including home-delivered meals, in-home care, and respite, service availability may vary in each county due to funding, and a care coordinator provides an in-home assessment and regular follow up for the duration of the service need.

Eligibility

Area Agency on Aging services are available to eligible older adults age 60 and older, family caregivers, and eligible adults with disabilities. There are no income thresholds for services. All services are provided free of charge, but donations are welcome and greatly appreciated.

Contact Us

Aging and Disability 24-hour helpline: 1-800-782-1886

Senior Services

Benefits Counseling and Enrollment
Assistance

Senior Community Service Employment
Program

Active Seniors

Care Services and Assistance

Caregiver Programs

Senior Nutrition

Senior Transportation

Long Term Care Ombudsman



PROGRAM ACCESS GUIDE

Mohave County
(928) 753-6247/fax (928)-753-7038
www.wacog.com

Community Assistance & Referral Helpline
Fridays ONLY
from 8 am-12 pm
(855) 433-4989

WACOG Cares Program
submit documentation by scan or email to Kingman@wacog.com
8 AM- 4 pm

Housing Counseling Services
928-217-7126 OR 928-217-7160
Email: housingcounseling@wacog

Homebuyer Education Workshop
(928) 377-1063

Area Agency on Aging
(800)782-1886

Want to be a Volunteer
(928) 217-7120

Rapid Re-Housing Program
Dial 2-1-1

TRANSPORTATION

Public Transportation

Bullhead City Transit system

Monthly Passes with a senior discount (60+) \$30 with unlimited rides and well as fixed route fares \$1 One way cash fare or All-day Pass \$4

Head office: 2355 Trane Road,
Bullhead City, AZ 86442
(928) 763-0117

Ride Services

Paratransit services

With Dr. Authorization M-F 6 am-7 pm Sat 8-3 \$2 per ride
Application:
www.bullheadcity.com/community/bullhead-area-transit-system/dial-a-ride-transit-services

Senior Transportation Van

(928) 704-2287
(call up to 2 weeks in advance M-F 8-2 \$2 round trip)

Taxi

D-cab

(928) 763-1001

Classy Taxi

(928) 577-9357
<https://classytaxillc.com>

Frankie's Cab

(928) 201-6944

Free Taxi Service

Through VITA tax
Mike Mathews (928) 768-5976

JB Cab

(928) 219-2296

Tri-State Taxi & Transit

(928) 605-0027

DMV

Arizona Department of Transportation Motor Vehicle Division

1325 Alonas Way, Bullhead City, AZ
86442
(605) 255-0072

TRANSPORTATION

Non-Emergent Medical Transport

AAA (AHCCCS only) (888) 409-9499

Basic Life Support, LLC -Stretcher Trasport Only (928) 577-7173

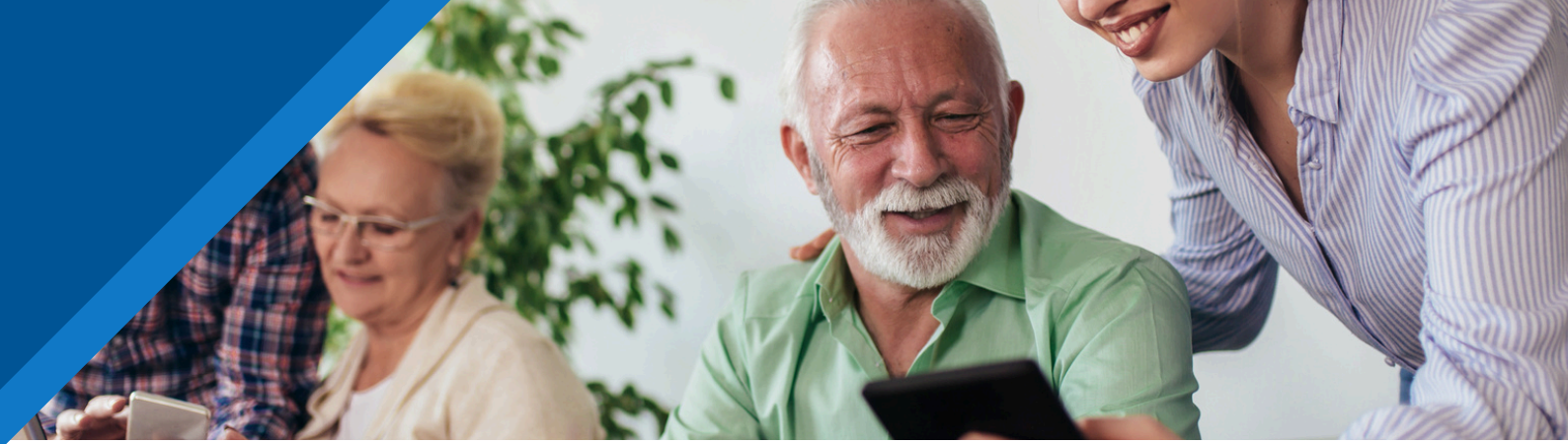
Clear Choice Express -Ambulatory/ Wheelchair/ Stretcher (928) 529-2060

Desert Health Transport (928) 215-6684

Elite Mobile Transportation (928) 519-9045

Nonpareil Care -No lift NEMT(702) 626-0375





SOCIAL SERVICES

Agencies

Arizona Department of Economic Security

2601 AZ-95,
Bullhead City, AZ 86442
(855) 432-7587

Arizona Mentor

2455 Miracle Mile,
Bullhead City, AZ 86442
(928) 299-5016 or (928) 278-7022

Goodwill Thrift Stores

2670 AZ-95,
Bullhead City, AZ 86442
Phone Number (928) 770-7003
1478 Cam Colorado,
Fort Mohave, AZ 86426
(928) 769-7007
www.goodwill.org

Mile Markers Therapy

3090 AZ-95,
Bullhead City, AZ 86442
(928) 529-5311
<https://milemarkers.us>

Nazcare

1610 Riverview Dr #9,
Bullhead City, AZ 8644
(928) 442-9205
[www.nazcare.org/centers/friends.h
tml](http://www.nazcare.org/centers/friends.html)

River Cities United Way

1155 Hancock Rd #3,
Bullhead City, AZ 86442
(877) 855-8318
www.rcuw.org

River fund

1343 Hancock Rd,
Bullhead City, AZ 86442
(928) 704-0039
<https://riverfundinc.com>

Salvation Army Family Services

1461 Palma Rd,
Bullhead City, AZ 86442
(928) 758-3141
<https://satruck.org>

SOCIAL SECURITY

Agencies

**Social Security Administration
(Bullhead City, Mohave Valley
area)**

1502 Bailey Ave,
Needles, CA 92363
(800) 772-1213
www.ssa.gov

**Social Security Administration
Public Affairs Specialist**

Jack Burns
(866) 331-4359 Ext 12876
John.p.burns@ssa.gov



FOOD ASSISTANCE PROGRAMS

Food Assistance

Arizona Commodity Senior Food Program

Works to improve the health of low-income persons at least 60 by supplementing their diets with a monthly package of nutritious food at no cost.

- Location: Food for Families

Elderly Simplified Application Project

Eligibility: Age 60 Years or older & have no earned or self-employment income

(855) 234-4960

<https://des.az.gov/esap>

Meal on Wheels

Eligibility: Homebound Individual

Contact: W.A.C.O.G. at (800)

782-1886

Delivery from Senior Enrichment Center

Nutrition Assistance/SNAP

(855) 777-8590/(602) 771-1337

<https://des.az.gov/na>

FOOD BANKS

Food Banks

Food for Families

590 Hancock Rd,
Bullhead City, AZ 86442
(928) 758-7717
Mon, Wed, Fri 9-2, Thurs 2-8

Mohave Valley Food Pantry

1593 E Lipan Blvd,
Fort Mohave, AZ 86426
(928) 768-3092

Salvation Army

1461 Palma Rd,
Bullhead City, AZ 86442
(928) 758-3141
<https://bullheadcity.salvationarmy.org>

St. Vincent DePaul

780 Marina Blvd,
Bullhead City, AZ 86442
(928) 758-5251



LEGAL SERVICES

Free Services

Community Legal Services

(928) 681-1177

County Legal through WACOG

(800) 293-9393

State Attorney General's Office

(602) 542-5052

Estate Planning

Kenneth Sondgeroth Attorney at law

2020 Silver Creek Rd #101D,
Bullhead City, AZ 86442
(928) 758-5997

Attorney

Daniel J Oehler Law Offices

2001 Highway 95 Ste 15,
Bullhead City, AZ 86442
(928) 758-3988

Kelley Law Offices

3015 AZ-95 #108b,
Bullhead City, AZ 86442
(928) 704-0600
www.kelleylawoffices.net

The Law Office of Frank T. Waters

2580 AZ-95 Suite 215F,
Bullhead City, AZ 86442
(928) 768-1105
www.fortmohavelaw.com

Personal Injury

Fontenot Law

1181 Hancock Rd,
Bullhead City, AZ 86442
(928) 758-4815
www.fontenotlawaz.com

Goldberg & Osborne

2681 AZ-95 #108,
Bullhead City, AZ 86442
(928) 704-2211

Lerner and Rowe Injury Attorneys

1850 AZ-95,
Bullhead City, AZ 86442
(928) 222-2222
[https://lernerandrowe.com/arizona/
bullhead-city](https://lernerandrowe.com/arizona/bullhead-city)

LEGAL SERVICES

Family Law/ Law firms

Law Offices of Keith Knochel

1967 AZ-95,
Bullhead City, AZ 86442
(928) 444-1000
www.lawyersinarizona.com

Law Office of Stephen L. Irgens

1971 AZ-95 Bldg A Suite 2,
Bullhead City, AZ 86442
(928) 763-3533

Lundberg & Elias

3640 AZ-95,
Bullhead City, AZ 86442
(928) 704-7267
www.lundbergandelias.com

The Hamp Law Offices

2020 Silver Creek Road C-102,
2020 Silver Creek Rd Suite 120,
Bullhead City, AZ 86442
(928) 492-6567
www.hamplaw.com

Notary

Bullhead Print and Ship on-site Notary

1812 AZ-95 Suite 14,
Bullhead City, AZ 86442
(928) 889-6760

Document Preparer

Transitions Program (Hospice of Havasü)

(928) 453-2111
(Will come to you)

Tri-State Paralegal services

4168 AZ-95 # 103,
Fort Mohave, AZ 86426
(928) 758-5858
<https://tristateparalegalservices.com>

SOCIAL & RECREATIONAL

Community Centers

Senior Enrichment Center

2275 Trane Road
Bullhead City, AZ 86442
(928) 763-0193



Welcome to our lively community center, where there's always something exciting happening for folks aged 50 and up! We've got a fantastic lineup of events, activities, and classes that will keep you active, engaged, and having fun. Get moving with our exercise groups like Bingocize, Zumba, Essentrics, and Aging Backwards – perfect for staying fit and sharp. If you're looking for support, we offer a range of groups including bereavement support, Gamblers Anonymous, and dementia support. And don't miss out on our fun activities! Whether you're into card games, crafts, or something a bit more competitive, we have it all. Join us for Friday Fun Crafts, our Open Sewing Group, Knitting & Crochet Circle, Art Therapy, poker nights, Mexican Train, Wii Bowling, Pinochle, Bingo, and Bunco.

Come and join the fun at the Senior Enrichment Center. We can't wait to welcome you!





SOCIAL & RECREATIONAL

Community Centers

Senior Circle

2728 Silver Creek Rd Western Arizona Regional Medical Center

Bullhead City, AZ

(928) 763-2273

www.warmc.com/senior-circle-program

Experience vibrant living with our diverse range of programs designed to enhance your well-being and enjoyment. Stay active with our Yoga and Aging Backward classes, and find support in our Pulmonary and Grief Support Groups. Enjoy engaging activities like the Quilting Club, Wii Bowling, and interactive games. Don't miss Movie Mondays for a relaxing film experience. Join the community and discover the perfect blend of health, support, and fun every day.

SOCIAL & RECREATIONAL

Community Services

At Home Hairstylists

Regina: Hair at home

(657) 203-4832

\$20 Haircuts

Robin Mobile Hairstylist

(928) 546-8005

Local Landscaping services

(928) 201-3571 /(928) 788-5749

With services ranging from irrigation and repair to palm tree removal and thinning.

Landscaping Services

Gabby Summerlin (Yard Care Professional)

(928) 577-9350

With services ranging from weed and plant removal to lawn mowing and patio deck power washing.

Infinity Concepts: Landscaping & Bobcat Services

Office (928) 542-0419

<https://infinityconceptslandscaping.com/>

With services ranging from landscape design and cleanups to decorative rocks and fire pits.

Muy Loco Landscaping LLC

(928) 542-9148

Provides services like landscaping, rock work, and much more.

Wild West Landscaping & Irrigation

(928) 727-1464

<https://wildwestlandscaping.us>

With services ranging from garden care and Irrigation repair to nursery care and sprinkler repair.

SOCIAL & RECREATIONAL

Auto Care/Mechanic

Advanced Auto Repair & Accessories

Travis Nelson
4380 AZ-95
Fort Mohave, AZ 86426
(928) 788-3897

C & H Auto Repair and Sales Inc

1370 Valencia Rd
Fort Mohave, AZ 86426
(928) 704-9799
candhauto59@aol.com

James the Auto Angel

(951) 286-8434/(951)212-2733
Office Number: (928) 404-2100

Cleaning

Harmonious Living with Tina

(928) 303-8235
With Services like packing or decluttering organization and cleaning.

Lupita Cleaning Services

5123 Huntington Road,
Fort Mohave, Arizona 86426,
United States
(928) 514-8718
<https://lupitaservices.com>

Melden's Cleaning Services

(928) 235-2346
www.meldenscleaners.com/

Rocha's Desert Cleaning

(928) 219-1407/ (928) 605-7047
With services like deep cleaning, vacuuming and so much more.

Sweep Pea Cleaning Company

(928) 279-3003
<https://sweeppeacleaning.com>

Two Mom's House Keeping

603 Marina Blvd #20-21,
Bullhead City, AZ 86442
(928) 219-1037/ (928)219-0690

SOCIAL & RECREATIONAL

HandyMans

“Horse Power” Multi-skilled Handyman
(339)788-4922

River Home Handyman Repair

(702) 292-7778
RiverHomeSolutions1@gmail.com
With Services ranging from TV wall mount and hanging pictures to bathroom sink replacement and drywall maintenance& repair.

Other

Rent-A-MOM

Paula Barham
PO box 20966
Bullhead City AZ 86429
(928) 219-0788
They are providing services like a mom from adult care to cooking and laundry & cleaning.



SOCIAL & RECREATIONAL

Local Venues

Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399

Don Laughlin's Classic Car Museum

1650 S Casino Dr,
Laughlin, NV 89029
(702) 298-2535

Library

170 Hancock Rd,
Bullhead City, AZ 86442
(928) 758-0714
www.mohavecountylibrary.us/bullhead-city-branch

Riverside Cinema

1650 S Casino Dr,
Laughlin, NV 89029
(702) 298-2535

Arizona Veterans Memorial Park

The Arizona Veterans Memorial Park features panels honoring Arizonans lost in a century of conflicts in the north section, and columns with an eternal flame in the south, set in a serene green space. It offers a poignant space for reflection and a history lesson.

434 Whitewater Dr., Bullhead City, AZ 86442
(928) 763-9401

Bullhead Belle

The Bullhead Belle, a 65-foot paddle wheel boat turned riverside concession, is now open at Bullhead Community Park. Enjoy diverse menu options and Colorado River views from its two-tiered patio and air-conditioned cabin. Open daily from 11 a.m. to 7 p.m., it features free parking for city residents and is a new park highlight.

1251 AZ-95, Bullhead City, AZ 86442
(623) 792-3553

SOCIAL & RECREATIONAL

Local Venues

Grapevine Canyon Petroglyphs (On Christmas Tree Pass)

The Grapevine Canyon Petroglyphs, near Laughlin, NV, are on the National Register of Historic Places and feature over 700 petroglyphs at the canyon entrance, 2,395 feet above sea level. Part of Lake Mead National Recreation Area, the canyon is overlooked by Spirit Mountain, a sacred site for local tribes, rising to 5,639 feet.

Hardyville Cemetery

The Hardyville Cemetery, or Hardyville Pioneer Cemetery, at 1776 Arizona State Route 95 in Bullhead, is the last significant remnant of the once-bustling 19th-century town of Hardyville. Established by early resident William Hardy, it became a ghost town with shifting mining activities and railroad construction. 1776 AZ-95, Bullhead City, AZ 86442

Visit Oatman

Oatman, AZ, offers a nostalgic Old West experience with its historic ghost-town vibe and friendly wild burros roaming the main street. Explore vintage saloons and local shops for a unique glimpse into Western history. A must-see for history enthusiasts!
<https://www.oatmangoldroad.org/>

SOCIAL & RECREATIONAL

Local Casinos

Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399

Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399

Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399

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Bullhead City, AZ 86429
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Bullhead City, AZ 86429
(928) 754-3399

Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399



SOCIAL & RECREATIONAL



Local Churches

Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399

Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399

Colorado River Museum

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Bullhead City, AZ 86429
(928) 754-3399

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Colorado River Museum

Community Park, 1239 AZ-95,
Bullhead City, AZ 86429
(928) 754-3399

TECHNOLOGICAL SUPPORT

Computer Nerds

2840 AZ-95 #306,
Bullhead City, AZ 86442
(928) 788-0532
<https://pcnerds.us>

Cyber Seniors

1(844) 217-3057
<https://cyberseniors.org/>
To learn about technology or for
any kind of tech support. With them
even coming to you to help.

Jungle PC

4582 AZ-95 d,
Fort Mohave, AZ 86426
(928) 275-4042
<https://junglepc.com>

Seniors Get Connected

John Hinton
(928) 201-2534
seniorsgetconnection@gmail.com
Stay Connected and learn how to
navigate technology.

The Computer Shop

2755 AZ-95,
Bullhead City, AZ 86442
(928) 763-3445
www.cshopaz.com



PET RESOURCES

Vets/Hospitals

Advanced Animal Care

5842 S Hwy 95,
Fort Mohave, AZ 86426
(928) 770-4918
<https://aac.vet>

Colorado River Animal Medical Center

2079 AZ-95,
Bullhead City, AZ 86442
(928) 763-7387
www.coloradoriveranimalmedicalcenter.com

Mohave Valley Animal Hospital

10235 Barrackman Rd,
Mohave Valley, AZ 86440
(928) 763-3108
www.mohavevalleyanimalhospital.com

North Valley Pet Hospital

1440 Hammer Rd,
Fort Mohave, AZ 86426
(928) 768-8387
www.northvalleypet.com

Spirit Mountain Animal Hospital

1670 Lakeside Dr,
Bullhead City, AZ 86442
(928) 758-3979
<http://smahvet.com>

PET RESOURCES

Grooming

Amy's Dog Grooming

1305 Hancock Rd,
Bullhead City, AZ 86442
(928) 758-0110

A Class Above Grooming

4508 AZ-95 #G,
Fort Mohave, AZ 86426
(928) 704-4522

D'Tails

2400 Highway 95 Suite 20
Bullhead City, AZ
(928) 704-2200

Elsas Chop Shop LLC

1960 AZ-95 suite 16,
Bullhead City, AZ 86442
(928) 219-2283

Pet Country Grooming

4558 AZ-95 # 2,
Fort Mohave, AZ 86426
(928) 758-1688

Pet 5150

5581 AZ-95,
Fort Mohave, AZ 86426
(928) 577-7390
<https://5150pet.com/>

POOCH Pedies

Chelsea & Coral
(702) 817-7065
coralcarramaorvt@gmail.com
In-home pet services (Nail
trimming)

Sugars Grooming/ Precious Pet Grooming

1512 Jill Way,
Fort Mohave, AZ 86426
(928) 788-5280

Wizards of Paw Pet Salon

2020 Silver Creek Rd #101D,
Bullhead City, AZ 86442
(928) 758-5997

PET RESOURCES

Pet Boarding Services & Pet Sitting

All Creatures Great & Small

Pet Sitting Service

In-Home Care

Fort Mohave, AZ

(928) 201-7622

Follow Your Paws

Pet Sitting Services & other
services such as

Caregiving/transportation

Emily Ramsey & Martha

(256) 238-3176

chevelle131369@icloud.com

Risen Star Kennel

985 Airpark Dr,

Bullhead City, AZ 86429

(928) 754-3006

<https://risenstarkennel.com>

The Kritter Sitter by Lynda Pet Sitting Services

Pet Sitting Services

In-Home Care

(928) 331-0123

TLC Doggie DayCamp

1632 AZ-95,

Bullhead City, AZ 86442

(928) 758-0116



PET RESOURCES

Stores

Cal-Ranch

2350 Miracle Mile Ste 450,
Bullhead City, AZ 86442
(928) 377-5500
<http://calranch.com>

PetSmart

3699 AZ-95 #540,
Bullhead City, AZ 86442
(928) 763-2829

Tractor Supply Co

967 Hancock Rd,
Bullhead City, AZ 86442
(928) 444-1033

Shelters

Bullhead City Animal Shelter

2270 Trane Rd,
Bullhead City, AZ 86442
(928) 763-6000
www.bullheadcity.com/shelter

Long Lake Animal Shelter Tribal Animal Control

7500 Dike Road
Mohave Valley, AZ
(928) 330-3000

Pet Food Assistance

Food 4 Paws Pet Pantry

Bullhead City, AZ
(928) 310-7387
<https://food4paws.org>



VETERAN RESOURCES

Veteran Assistance

Nation's Finest

1343 Hancock Rd,
Bullhead City, AZ 86442
(928) 444-1135
www.nationsfinest.org

Veterans Benefits Counselor (AJ Pompos)

Located in the senior center on
Wednesdays (appt only)
(602) 535-1215
<https://dvs.az.gov/services/veteran-benefits-counselors-vbcs>

Veterans Transport

(928) 575-2131
(Will go to VA in Vegas)

Hotlines

Dept of Veterans Affairs national
800-827-1000

HUD/VASH housing program

877-424-3838

U.S VETS

Employment (928) 200-5613
Housing (928) 379-1763

VA Suicide Prevention Life Line

800-273-8255

Veteran organization

American Legion

2249 Clearwater Dr,
Bullhead City, AZ 86442
(928) 763-0305

Veterans of Foreign wars

1611 E Marble Canyon Dr,
Bullhead City, AZ 86442
(928) 758-7808



FUNERAL RESOURCES

Funeral Homes

Arizona Affordable Funeral Home & Crematory

503 Marina Blvd,
Bullhead City, AZ 86442
(928) 768-7387

Desert Lawn Funeral Home & Memorial Gardens

2724 Silver Creek Rd,
Bullhead City, AZ 86442
(928) 450-4191

Dimond & Sons Valley View Funeral Home

1427 Corona Rd,
Fort Mohave, AZ 86427
(928) 768-4050

After Death Services

Hotline/Full Circle After Care

(888) 713-4625

Body Donations

Donate to Life Arizona (Organ Donation)

www.donatelifeaz.org

Med Cure

866-560-2525

Science Care

800-417-3747

Research For Life

800-229-3244

United Tissue Network

877-738-6111

Public Fiduciary

Mohave County Public Fiduciary

700 W Beale St
Kingman, AZ 86401
(928) 718-4959



Visit the Senior
Enrichment Center
for more resources
Monday & Friday
8:00 am -4:00 pm
Tuesday-Thursday
8:00 am-6:00 pm





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SENIOR ENRICHMENT CENTER

(928) 763-0193

SEC@bullheadcityaz.gov

2275 Trane Road Bullhead City, AZ 86442



If you would like your information to appear in the next resource guide, please reach out to the Senior Enrichment Center at (928) 763-0193 and provide your name, phone number, address, website, and the relevant category. Additions are updated annually in June.